

Protokoll

Bezirks- und Bezirksjahrgangsmeisterschaften 2026 -Lange Strecke-
am 25.01.2026

Veranstalter: Bezirksschwimmverband Lüneburg
Ausrichter: TSV Otterndorf

Wettkampfbecken

4 Bahnen á 25m
Wellenkiller-Leinen
Wassertemperatur ca. 28°C
Handzeitnahme

Schwimmbad-Adresse

Sole-Therme Otterndorf
Goethestr. 12
21762 Otterndorf



Anzahl Meldungen

Teilnehmer: weiblich/männlich Meldungen: Einzel/Staffel

Landesschwimmverband Niedersachsen (LSV-Nr.: 9)

Verein	DSV-Id	Teilnehmer	Abs.1	Abs.2	Gesamt
ATS Cuxhaven	3668	6/ 8	14/ 0	14/ 0	28/ 0
MTV Dannenberg 1863	3724	3/ 0	3/ 0	3/ 0	6/ 0
SC Lüchow 1861	3969	0/ 1	1/ 0	1/ 0	2/ 0
Schwimm-Club Seevetal	5064	10/ 4	11/ 0	8/ 0	19/ 0
SG Wiste	3820	10/ 2	13/ 0	8/ 0	21/ 0
TSV Achim 1860	3907	2/ 1	2/ 0	3/ 0	5/ 0
TSV Adendorf 1923	5907	3/ 5	7/ 0	7/ 0	14/ 0
TSV Otterndorf	3933	16/ 8	19/ 0	21/ 0	40/ 0
TV Hambergen	3984	2/ 1	3/ 0	4/ 0	7/ 0
TV Jahn Schneverdingen	5749	3/ 3	6/ 0	1/ 0	7/ 0
Gesamt für den Verband		55/ 33	79/ 0	70/ 0	149/ 0

Abschnitt 1 - Sonntag 25.01.2026

Einlass: 09:00 Uhr | Einschwimmen: 09:00 Uhr | Kampfrichtersitzung: 09:30 Uhr
Beginn: 10:00 Uhr

Kampfgericht Abschnitt 1

Position	Name	Verein
Schiedsrichter	Matthias von Ahnen	BSLG
Schiedsrichter i.A.	Hannah Ehlers	BSLG
Starter	Jasmin Fischer	MTV Dannenberg 1863
Sprecher	Jan Riechmann	TSV Otterndorf
Schwimmrichter	Carmen Sponbrucker	ATS Cuxhaven
Schwimmrichter	Sabine Hinrichs	TSV Adendorf 1923
Auswerter	Daniel Cohrs	BSLG
Protokollführer	Anja Riechmann	TSV Otterndorf
Computer	Anja Riechmann	TSV Otterndorf

Zielgericht

Position	Name	Verein
Zielrichter	Klara Viereck	TSV Adendorf 1923
Zielrichter	Andrea Haase	Schwimm-Club Seevetal
Zielrichter	Melanie Hillmer	Schwimm-Club Seevetal

Zeitgericht 1

Position	Name	Verein
Zeitnehmer-Obmann	von Ahnen Luisa	TSV Otterndorf
Zeitnehmer Bahn 1	Sven Hagedorn	TSV Otterndorf
Zeitnehmer Bahn 2	Monique Melzian	TV Jahn Schneverdingen
Zeitnehmer Bahn 3	Ida Tiedgen	Schwimm-Club Seevetal
Zeitnehmer Bahn 4	Meike Falk	TSV Otterndorf
Reserve-Zeitnehmer	Strauss Luz Maria	SG Wiste

Zeitgericht 2

Position	Name	Verein
Zeitnehmer-Obmann	Lars Tiedemann	ATS Cuxhaven
Zeitnehmer Bahn 1	Katja Moorkamp	TSV Achim 1860
Zeitnehmer Bahn 2	Ilka Win	TSV Otterndorf
Zeitnehmer Bahn 3	Riekje Lauf	Schwimm-Club Seevetal
Zeitnehmer Bahn 4	Gaby Stein	SG Wiste
Reserve-Zeitnehmer	Barbara Wernicke	TSV Otterndorf

Wendegericht

Position	Name	Verein
Wenderichter-Obmann	Clemens Hoop	TSV Otterndorf
Wenderichter Bahn 1	Clemens Hoop	TSV Otterndorf
Wenderichter Bahn 2	Vanessa Jahn	ATS Cuxhaven
Wenderichter Bahn 3	Eileen Spielmann	ATS Cuxhaven
Wenderichter Bahn 4	Eileen Spielmann	ATS Cuxhaven

Wettkampffolge für Abschnitt 1

Wettkampf 1 - 400m Lagen männlich

Wettkampf 2 - 800m Freistil weiblich

Wettkampf 3 - 800m Freistil männlich

Wettkampf 1 - 400m Lagen männlich

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Sidney Jasper Tholi	2014	TSV Adendorf 1923	06:42,75
	100m: 01:39,09 (01:39,09) 200m: 03:18,62 (01:39,53) 300m: 05:11,44 (01:52,82) 400m: 06:42,75 (01:31,31)			
2.	Jesper Hagedorn	2014	TSV Otterndorf	07:35,03
	100m: 01:50,43 (01:50,43) 200m: 03:45,09 (01:54,66) 300m: 05:55,73 (02:10,64) 400m: 07:35,03 (01:39,30)			

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Niklas Thoben	2013	Schwimm-Club Seevetal	06:54,60
	100m: 01:43,40 (01:43,40) 200m: 03:26,40 (01:43,00) 300m: 05:22,37 (01:55,97) 400m: 06:54,60 (01:32,23)			
2.	Jonas Hartig	2013	TSV Otterndorf	07:03,62
	100m: 01:48,91 (01:48,91) 200m: 03:36,61 (01:47,70) 300m: 05:34,45 (01:57,84) 400m: 07:03,62 (01:29,17)			

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Karl Gärtner	2012	SC Lüchow 1861	05:36,42
	100m: 01:16,11 (01:16,11) 200m: 02:44,13 (01:28,02) 300m: 04:19,96 (01:35,83) 400m: 05:36,42 (01:16,46)			

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Jannik Fraas	2010	TSV Adendorf 1923	05:35,55
	100m: 01:19,47 (01:19,47) 200m: 02:47,25 (01:27,78) 300m: 04:24,20 (01:36,95) 400m: 05:35,55 (01:11,35)			
2.	Simon Rampmeier	2010	TV Jahn Schneverdingen	05:51,77
	100m: 01:21,25 (01:21,25) 200m: 02:47,07 (01:25,82) 300m: 04:30,33 (01:43,26) 400m: 05:51,77 (01:21,44)			
3.	Jonathan Lee	2010	Schwimm-Club Seevetal	06:03,58
	100m: 01:24,81 (01:24,81) 200m: 02:58,13 (01:33,32) 300m: 04:32,78 (01:34,65) 400m: 06:03,58 (01:30,80)			

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Jan Peter Strauß	2009	SG Wiste	05:58,90
	100m: 01:18,29 (01:18,29) 200m: 02:47,71 (01:29,42) 300m: 04:33,03 (01:45,32) 400m: 05:58,90 (01:25,87)			

Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksmeister Junioren			
	Louis Dammrose	2008	TSV Otterndorf	05:51,47
	100m: 01:13,61 (01:13,61) 200m: 02:46,62 (01:33,01) 300m: 04:28,20 (01:41,58) 400m: 05:51,47 (01:23,27)			
2.	Malte Melzian	2007	TV Jahn Schneverdingen	06:01,47
	100m: 01:14,36 (01:14,36) 200m: 02:49,15 (01:34,79) 300m: 04:37,15 (01:48,00) 400m: 06:01,47 (01:24,32)			

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksmeister			
	Jannik Fraas	2010	TSV Adendorf 1923	05:35,55
	100m: 01:19,47 (01:19,47) 200m: 02:47,25 (01:27,78) 300m: 04:24,20 (01:36,95) 400m: 05:35,55 (01:11,35)			
2.	Karl Gärtner	2012	SC Lüchow 1861	05:36,42
	100m: 01:16,11 (01:16,11) 200m: 02:44,13 (01:28,02) 300m: 04:19,96 (01:35,83) 400m: 05:36,42 (01:16,46)			
3.	Louis Dammrose	2008	TSV Otterndorf	05:51,47
	100m: 01:13,61 (01:13,61) 200m: 02:46,62 (01:33,01) 300m: 04:28,20 (01:41,58) 400m: 05:51,47 (01:23,27)			
4.	Simon Rampmeier	2010	TV Jahn Schneverdingen	05:51,77
	100m: 01:21,25 (01:21,25) 200m: 02:47,07 (01:25,82) 300m: 04:30,33 (01:43,26) 400m: 05:51,77 (01:21,44)			
5.	Jan Peter Strauß	2009	SG Wiste	05:58,90
	100m: 01:18,29 (01:18,29) 200m: 02:47,71 (01:29,42) 300m: 04:33,03 (01:45,32) 400m: 05:58,90 (01:25,87)			
6.	Malte Melzian	2007	TV Jahn Schneverdingen	06:01,47
	100m: 01:14,36 (01:14,36) 200m: 02:49,15 (01:34,79) 300m: 04:37,15 (01:48,00) 400m: 06:01,47 (01:24,32)			
7.	Jonathan Lee	2010	Schwimm-Club Seevetal	06:03,58
	100m: 01:24,81 (01:24,81) 200m: 02:58,13 (01:33,32) 300m: 04:32,78 (01:34,65) 400m: 06:03,58 (01:30,80)			
8.	Sidney Jasper Tholi	2014	TSV Adendorf 1923	06:42,75
	100m: 01:39,09 (01:39,09) 200m: 03:18,62 (01:39,53) 300m: 05:11,44 (01:52,82) 400m: 06:42,75 (01:31,31)			
9.	Niklas Thoben	2013	Schwimm-Club Seevetal	06:54,60
	100m: 01:43,40 (01:43,40) 200m: 03:26,40 (01:43,00) 300m: 05:22,37 (01:55,97) 400m: 06:54,60 (01:32,23)			
10.	Jonas Hartig	2013	TSV Otterndorf	07:03,62
	100m: 01:48,91 (01:48,91) 200m: 03:36,61 (01:47,70) 300m: 05:34,45 (01:57,84) 400m: 07:03,62 (01:29,17)			
11.	Jesper Hagedorn	2014	TSV Otterndorf	07:35,03
	100m: 01:50,43 (01:50,43) 200m: 03:45,09 (01:54,66) 300m: 05:55,73 (02:10,64) 400m: 07:35,03 (01:39,30)			

Wettkampf 2 - 800m Freistil weiblich

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Katharina Linge	2015	Schwimm-Club Seevetal	12:49,50
	100m: 01:26,56 (01:26,56) 200m: 03:01,63 (01:35,07) 300m: 04:39,66 (01:38,03) 400m: 06:17,90 (01:38,24) 500m: 07:56,15 (01:38,25) 600m: 09:36,18 (01:40,03) 700m: 11:14,00 (01:37,82) 800m: 12:49,50 (01:35,50)			
2.	Alea Guraj	2015	ATS Cuxhaven	14:25,97
	100m: 01:37,19 (01:37,19) 200m: 03:27,69 (01:50,50) 300m: 05:18,72 (01:51,03) 400m: 07:09,00 (01:50,28) 500m: 08:56,97 (01:47,97) 600m: 10:50,31 (01:53,34) 700m: 12:41,69 (01:51,38) 800m: 14:25,97 (01:44,28)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
3.	Emma Szczepanski 100m: 01:41,42 (01:41,42) 200m: 03:35,96 (01:54,54) 300m: 05:31,72 (01:55,76) 400m: 07:26,57 (01:54,85) 500m: 09:17,85 (01:51,28) 600m: 11:06,06 (01:48,21) 700m: 13:00,41 (01:54,35) 800m: 14:46,65 (01:46,24)	2015	TV Hambergen	14:46,65
4.	Leonie Lehrer 100m: 01:42,83 (01:42,83) 200m: 03:37,33 (01:54,50) 300m: 05:31,63 (01:54,30) 400m: 07:24,32 (01:52,69) 500m: 09:20,06 (01:55,74) 600m: 11:16,33 (01:56,27) 700m: 13:12,04 (01:55,71) 800m: 14:55,56 (01:43,52)	2015	TSV Otterndorf	14:55,56
5.	Nelly Hottendorff 100m: 01:36,16 (01:36,16) 200m: 03:31,79 (01:55,63) 300m: 05:29,06 (01:57,27) 400m: 07:30,47 (02:01,41) 500m: 09:23,99 (01:53,52) 600m: 11:20,72 (01:56,73) 700m: 13:14,60 (01:53,88) 800m: 15:04,21 (01:49,61)	2015	TSV Otterndorf	15:04,21
6.	Skyla Win 100m: 01:38,38 (01:38,38) 200m: 03:33,13 (01:54,75) 300m: 05:30,11 (01:56,98) 400m: 07:27,81 (01:57,70) 500m: 09:28,97 (02:01,16) 600m: 11:28,85 (01:59,88) 700m: 13:28,06 (01:59,21) 800m: 15:20,24 (01:52,18)	2015	TSV Otterndorf	15:20,24
7.	Tamina Sponbrucker 100m: 01:46,46 (01:46,46) 200m: 03:43,60 (01:57,14) 300m: 05:42,22 (01:58,62) 400m: 07:41,60 (01:59,38) 500m: 09:40,85 (01:59,25) 600m: 11:42,10 (02:01,25) 700m: 13:39,03 (01:56,93) 800m: 15:28,72 (01:49,69)	2015	ATS Cuxhaven	15:28,72
8.	Ava Mathews 100m: 01:49,76 (01:49,76) 200m: 03:51,61 (02:01,85) 300m: 05:52,14 (02:00,53) 400m: 08:00,12 (02:07,98) 500m: 10:10,19 (02:10,07) 600m: 12:21,87 (02:11,68) 700m: 14:32,32 (02:10,45) 800m: 16:33,45 (02:01,13)	2015	ATS Cuxhaven	16:33,45
9.	Jule Uder 100m: 02:06,07 (02:06,07) 200m: 04:28,02 (02:21,95) 300m: 06:54,41 (02:26,39) 400m: 09:24,24 (02:29,83) 500m: 11:56,02 (02:31,78) 600m: 14:24,69 (02:28,67) 700m: 16:48,84 (02:24,15) 800m: 19:03,88 (02:15,04)	2015	TSV Otterndorf	19:03,88

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin Nenya Rampmeier 100m: 01:27,36 (01:27,36) 200m: 03:09,06 (01:41,70) 300m: 04:54,68 (01:45,62) 400m: 06:42,27 (01:47,59) 500m: 08:31,45 (01:49,18) 600m: 10:15,50 (01:44,05) 700m: 12:02,53 (01:47,03) 800m: 13:41,10 (01:38,57)	2014	TV Jahn Schneverdingen	13:41,10
2.	Lilliana Kanzler 100m: 01:35,60 (01:35,60) 200m: 03:28,91 (01:53,31) 300m: 05:25,27 (01:56,36) 400m: 07:25,76 (02:00,49) 500m: 09:25,12 (01:59,36) 600m: 11:23,64 (01:58,52) 700m: 13:25,60 (02:01,96) 800m: 15:19,25 (01:53,65)	2014	TSV Otterndorf	15:19,25
	<u>abgemeldet</u> Alessia Di Nuzzi	2014	ATS Cuxhaven	

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin Amelie Walther 100m: 01:19,45 (01:19,45) 200m: 02:46,97 (01:27,52) 300m: 04:16,44 (01:29,47) 400m: 05:47,64 (01:31,20) 500m: 07:16,37 (01:28,73) 600m: 08:43,37 (01:27,00) 700m: 10:11,10 (01:27,73) 800m: 11:33,82 (01:22,72)	2013	Schwimm-Club Seevetal	11:33,82
2.	Mira-Karoline Müller 100m: 01:19,04 (01:19,04) 200m: 02:49,03 (01:29,99) 300m: 04:19,88 (01:30,85) 400m: 05:50,32 (01:30,44) 500m: 07:22,79 (01:32,47) 600m: 08:56,00 (01:33,21) 700m: 10:27,13 (01:31,13) 800m: 11:55,29 (01:28,16)	2013	Schwimm-Club Seevetal	11:55,29
3.	Pheline Cohrs 100m: 01:23,03 (01:23,03) 200m: 02:52,97 (01:29,94) 300m: 04:24,22 (01:31,25) 400m: 05:56,66 (01:32,44) 500m: 07:30,44 (01:33,78) 600m: 09:03,44 (01:33,00) 700m: 10:34,50 (01:31,06) 800m: 12:04,41 (01:29,91)	2013	TV Jahn Schneverdingen	12:04,41

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
4.	Greta Moorkamp 100m: 01:27,67 (01:27,67) 200m: 02:57,53 (01:29,86) 300m: 04:29,65 (01:32,12) 400m: 06:03,12 (01:33,47) 500m: 07:38,88 (01:35,76) 600m: 09:11,89 (01:33,01) 700m: 10:47,61 (01:35,72) 800m: 12:15,83 (01:28,22)	2013	TSV Achim 1860	12:15,83
5.	Ida Stein 100m: 01:25,82 (01:25,82) 200m: 03:45,91 (02:20,09) 300m: 05:20,93 (01:35,02) 400m: 06:08,96 (00:48,03) 500m: 07:43,30 (01:34,34) 600m: 09:16,37 (01:33,07) 700m: 10:48,54 (01:32,17) 800m: 12:16,17 (01:27,63)	2013	SG Wiste	12:16,17
6.	Linja Hinrichs 100m: 01:20,52 (01:20,52) 200m: 02:53,16 (01:32,64) 300m: 04:30,57 (01:37,41) 400m: 06:06,43 (01:35,86) 500m: 07:41,75 (01:35,32) 600m: 09:17,16 (01:35,41) 700m: 10:51,93 (01:34,77) 800m: 12:22,72 (01:30,79)	2013	TSV Adendorf 1923	12:22,72
7.	Alma Buse 100m: 01:25,88 (01:25,88) 200m: 03:03,71 (01:37,83) 300m: 04:44,54 (01:40,83) 400m: 06:26,13 (01:41,59) 500m: 08:10,21 (01:44,08) 600m: 09:48,85 (01:38,64) 700m: 11:27,21 (01:38,36) 800m: 12:57,65 (01:30,44)	2013	TSV Otterndorf	12:57,65
8.	Inneke Grantz 100m: 01:24,45 (01:24,45) 200m: 02:59,47 (01:35,02) 300m: 04:37,44 (01:37,97) 400m: 06:19,57 (01:42,13) 500m: 07:59,68 (01:40,11) 600m: 09:38,81 (01:39,13) 700m: 11:19,87 (01:41,06) 800m: 12:58,21 (01:38,34)	2013	ATS Cuxhaven	12:58,21
9.	Sarah Elisabeth Falk 100m: 01:26,48 (01:26,48) 200m: 03:05,09 (01:38,61) 300m: 04:46,04 (01:40,95) 400m: 06:27,42 (01:41,38) 500m: 08:10,27 (01:42,85) 600m: 09:53,00 (01:42,73) 700m: 11:36,43 (01:43,43) 800m: 13:08,58 (01:32,15)	2013	TSV Otterndorf	13:08,58
10.	Finja Häfelinger 100m: 01:24,63 (01:24,63) 200m: 03:01,61 (01:36,98) 300m: 04:43,33 (01:41,72) 400m: 06:25,65 (01:42,32) 500m: 08:08,59 (01:42,94) 600m: 09:52,03 (01:43,44) 700m: 11:35,09 (01:43,06) 800m: 13:11,10 (01:36,01)	2013	Schwimm-Club Seevetal	13:11,10
11.	Marisa Wernicke 100m: 01:34,23 (01:34,23) 200m: 03:20,75 (01:46,52) 300m: 05:09,32 (01:48,57) 400m: 06:57,17 (01:47,85) 500m: 08:42,23 (01:45,06) 600m: 10:27,08 (01:44,85) 700m: 12:10,62 (01:43,54) 800m: 13:46,52 (01:35,90)	2013	TSV Otterndorf	13:46,52
12.	Finja Ulrich 100m: 01:47,38 (01:47,38) 200m: 03:48,75 (02:01,37) 300m: 05:48,41 (01:59,66) 400m: 07:51,03 (02:02,62) 500m: 09:51,89 (02:00,86) 600m: 11:50,49 (01:58,60) 700m: 13:50,42 (01:59,93) 800m: 15:31,98 (01:41,56)	2013	SG Wiste	15:31,98

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Kaley Cohrs 100m: 01:21,53 (01:21,53) 200m: 02:49,32 (01:27,79) 300m: 04:20,97 (01:31,65) 400m: 05:54,66 (01:33,69) 500m: 07:28,91 (01:34,25) 600m: 09:02,32 (01:33,41) 700m: 10:37,07 (01:34,75) 800m: 12:07,83 (01:30,76)	2012	TV Jahn Schneverdingen	12:07,83
2.	Cherine Rau 100m: 01:21,24 (01:21,24) 200m: 02:51,59 (01:30,35) 300m: 04:25,55 (01:33,96) 400m: 05:59,89 (01:34,34) 500m: 07:35,21 (01:35,32) 600m: 09:10,91 (01:35,70) 700m: 10:45,05 (01:34,14) 800m: 12:14,89 (01:29,84)	2012	TSV Otterndorf	12:14,89
3.	Amelie Szczepanski 100m: 01:25,17 (01:25,17) 200m: 02:58,20 (01:33,03) 300m: 04:32,67 (01:34,47) 400m: 06:07,79 (01:35,12) 500m: 07:46,30 (01:38,51) 600m: 09:23,97 (01:37,67) 700m: 10:59,98 (01:36,01) 800m: 12:33,45 (01:33,47)	2012	TV Hambergen	12:33,45
4.	Bente Böttcher 100m: 01:27,25 (01:27,25) 200m: 03:02,64 (01:35,39) 300m: 04:38,05 (01:35,41) 400m: 06:13,20 (01:35,15) 500m: 07:51,12 (01:37,92) 600m: 09:29,39 (01:38,27) 700m: 11:05,98 (01:36,59) 800m: 12:36,53 (01:30,55)	2012	Schwimm-Club Seevetal	12:36,53
5.	Jette Binder 100m: 01:27,54 (01:27,54) 200m: 03:08,12 (01:40,58) 300m: 04:50,33 (01:42,21) 400m: 06:33,44 (01:43,11) 500m: 08:14,84 (01:41,40) 600m: 09:53,78 (01:38,94) 700m: 11:34,00 (01:40,22) 800m: 13:06,59 (01:32,59)	2012	TSV Otterndorf	13:06,59

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	10:43,74
	100m: 01:11,93 (01:11,93) 200m: 02:32,36 (01:20,43) 300m: 03:54,82 (01:22,46) 400m: 05:16,93 (01:22,11) 500m: 06:41,48 (01:24,55) 600m: 08:03,14 (01:21,66) 700m: 09:26,22 (01:23,08) 800m: 10:43,74 (01:17,52)			
2.	Maja Stein	2011	SG Wiste	10:45,74
	100m: 01:13,12 (01:13,12) 200m: 02:31,83 (01:18,71) 300m: 03:53,71 (01:21,88) 400m: 05:16,04 (01:22,33) 500m: 06:38,76 (01:22,72) 600m: 08:02,53 (01:23,77) 700m: 09:27,01 (01:24,48) 800m: 10:45,74 (01:18,73)			
3.	Caroline Fischer	2011	MTV Dannenberg 1863	11:38,35
	100m: 01:13,56 (01:13,56) 200m: 02:38,87 (01:25,31) 300m: 04:07,03 (01:28,16) 400m: 05:35,84 (01:28,81) 500m: 07:09,20 (01:33,36) 600m: 08:41,59 (01:32,39) 700m: 10:13,32 (01:31,73) 800m: 11:38,35 (01:25,03)			
4.	Charlotta Hannemann	2011	SG Wiste	12:19,83
	100m: 01:24,93 (01:24,93) 200m: 02:57,27 (01:32,34) 300m: 04:31,89 (01:34,62) 400m: 06:07,23 (01:35,34) 500m: 07:43,70 (01:36,47) 600m: 09:19,68 (01:35,98) 700m: 10:54,21 (01:34,53) 800m: 12:19,83 (01:25,62)			
5.	Sari Hamann	2011	SG Wiste	12:36,73
	100m: 01:32,07 (01:32,07) 200m: 03:10,69 (01:38,62) 300m: 04:49,16 (01:38,47) 400m: 06:24,74 (01:35,58) 500m: 07:58,83 (01:34,09) 600m: 09:35,36 (01:36,53) 700m: 11:09,38 (01:34,02) 800m: 12:36,73 (01:27,35)			
6.	Lahja Schröder	2011	TSV Otterndorf	13:42,85
	100m: 01:31,20 (01:31,20) 200m: 03:17,20 (01:46,00) 300m: 05:05,03 (01:47,83) 400m: 06:51,21 (01:46,18) 500m: 08:39,43 (01:48,22) 600m: 10:26,50 (01:47,07) 700m: 12:09,33 (01:42,83) 800m: 13:42,85 (01:33,52)			
7.	Johanna Friedrichsen	2011	SG Wiste	13:52,72
	100m: 01:33,31 (01:33,31) 200m: 03:17,59 (01:44,28) 300m: 05:03,92 (01:46,33) 400m: 06:50,50 (01:46,58) 500m: 08:38,41 (01:47,91) 600m: 10:27,00 (01:48,59) 700m: 12:14,66 (01:47,66) 800m: 13:52,72 (01:38,06)			
	<u>abgemeldet</u>			
	Amy Riechmann	2011	TSV Otterndorf	

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Lena Gandert	2010	SG Wiste	10:33,23
	100m: 01:11,47 (01:11,47) 200m: 02:30,69 (01:19,22) 300m: 03:51,82 (01:21,13) 400m: 05:13,51 (01:21,69) 500m: 06:35,16 (01:21,65) 600m: 07:56,18 (01:21,02) 700m: 09:16,84 (01:20,66) 800m: 10:33,23 (01:16,39)			
2.	Merle Moorkamp	2010	TSV Achim 1860	11:27,94
	100m: 01:17,95 (01:17,95) 200m: 02:42,02 (01:24,07) 300m: 04:08,37 (01:26,35) 400m: 05:37,11 (01:28,74) 500m: 07:06,35 (01:29,24) 600m: 08:35,19 (01:28,84) 700m: 10:02,99 (01:27,80) 800m: 11:27,94 (01:24,95)			
3.	Alexa Steep	2010	TSV Adendorf 1923	11:32,00
	100m: 01:15,18 (01:15,18) 200m: 02:39,93 (01:24,75) 300m: 04:07,56 (01:27,63) 500m: 07:08,46 (03:00,90) 600m: 08:38,43 (01:29,97) 700m: 10:06,87 (01:28,44) 800m: 11:32,00 (01:25,13)			
4.	Lara Gandert	2010	SG Wiste	12:08,23
	200m: 02:52,32 (02:52,32) 300m: 04:24,73 (01:32,41) 400m: 05:57,92 (01:33,19) 500m: 07:32,07 (01:34,15) 600m: 09:07,98 (01:35,91) 700m: 10:40,00 (01:32,02) 800m: 12:08,23 (01:28,23)			

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Isabelle Teuber	2009	ATS Cuxhaven	11:48,81
	100m: 01:19,58 (01:19,58) 200m: 02:47,13 (01:27,55) 300m: 04:17,89 (01:30,76)			
	400m: 05:49,39 (01:31,50) 500m: 07:20,60 (01:31,21) 600m: 08:52,16 (01:31,56)			
	700m: 10:22,20 (01:30,04) 800m: 11:48,81 (01:26,61)			
2.	Frederike Hillmer	2009	Schwimm-Club Seevetal	12:06,46
	100m: 01:22,40 (01:22,40) 200m: 02:53,03 (01:30,63) 300m: 04:25,53 (01:32,50)			
	400m: 06:00,06 (01:34,53) 500m: 07:33,87 (01:33,81) 600m: 09:06,96 (01:33,09)			
	700m: 10:39,00 (01:32,04) 800m: 12:06,46 (01:27,46)			
3.	Andrea Sophie Strauß	2009	SG Wiste	14:52,96
	100m: 01:34,68 (01:34,68) 200m: 03:23,75 (01:49,07) 300m: 05:18,70 (01:54,95)			
	400m: 07:15,43 (01:56,73) 500m: 09:13,87 (01:58,44) 600m: 11:09,77 (01:55,90)			
	700m: 13:03,75 (01:53,98) 800m: 14:52,96 (01:49,21)			

Juniorinnen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Greta Bannöhr	2008	MTV Dannenberg 1863	10:51,37
	100m: 01:10,28 (01:10,28) 200m: 02:30,34 (01:20,06) 300m: 03:51,71 (01:21,37)			
	400m: 05:13,94 (01:22,23) 500m: 06:37,73 (01:23,79) 600m: 08:02,79 (01:25,06)			
	700m: 09:27,79 (01:25,00) 800m: 10:51,37 (01:23,58)			
2.	Lena Krüger	2008	MTV Dannenberg 1863	11:56,90
	100m: 01:22,93 (01:22,93) 200m: 02:53,31 (01:30,38) 300m: 04:24,06 (01:30,75)			
	400m: 05:55,66 (01:31,60) 500m: 07:27,39 (01:31,73) 600m: 08:57,40 (01:30,01)			
	700m: 10:28,51 (01:31,11) 800m: 11:56,90 (01:28,39)			
3.	Pabasary Malinsa Prakasha Mudiyansele	2008	SG Wiste	14:56,52
	100m: 01:37,77 (01:37,77) 200m: 03:31,87 (01:54,10) 300m: 05:27,92 (01:56,05)			
	400m: 07:22,16 (01:54,24) 500m: 09:16,60 (01:54,44) 600m: 11:11,63 (01:55,03)			
	700m: 13:06,61 (01:54,98) 800m: 14:56,52 (01:49,91)			

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksmeisterin			
	Lena Gandert	2010	SG Wiste	10:33,23
	100m: 01:11,47 (01:11,47) 200m: 02:30,69 (01:19,22) 300m: 03:51,82 (01:21,13)			
	400m: 05:13,51 (01:21,69) 500m: 06:35,16 (01:21,65) 600m: 07:56,18 (01:21,02)			
	700m: 09:16,84 (01:20,66) 800m: 10:33,23 (01:16,39)			
2.	Mette Theresa Lauf	2011	Schwimm-Club Seevetal	10:43,74
	100m: 01:11,93 (01:11,93) 200m: 02:32,36 (01:20,43) 300m: 03:54,82 (01:22,46)			
	400m: 05:16,93 (01:22,11) 500m: 06:41,48 (01:24,55) 600m: 08:03,14 (01:21,66)			
	700m: 09:26,22 (01:23,08) 800m: 10:43,74 (01:17,52)			
3.	Maja Stein	2011	SG Wiste	10:45,74
	100m: 01:13,12 (01:13,12) 200m: 02:31,83 (01:18,71) 300m: 03:53,71 (01:21,88)			
	400m: 05:16,04 (01:22,33) 500m: 06:38,76 (01:22,72) 600m: 08:02,53 (01:23,77)			
	700m: 09:27,01 (01:24,48) 800m: 10:45,74 (01:18,73)			
4.	Greta Bannöhr	2008	MTV Dannenberg 1863	10:51,37
	100m: 01:10,28 (01:10,28) 200m: 02:30,34 (01:20,06) 300m: 03:51,71 (01:21,37)			
	400m: 05:13,94 (01:22,23) 500m: 06:37,73 (01:23,79) 600m: 08:02,79 (01:25,06)			
	700m: 09:27,79 (01:25,00) 800m: 10:51,37 (01:23,58)			
5.	Merle Moorkamp	2010	TSV Achim 1860	11:27,94
	100m: 01:17,95 (01:17,95) 200m: 02:42,02 (01:24,07) 300m: 04:08,37 (01:26,35)			
	400m: 05:37,11 (01:28,74) 500m: 07:06,35 (01:29,24) 600m: 08:35,19 (01:28,84)			
	700m: 10:02,99 (01:27,80) 800m: 11:27,94 (01:24,95)			
6.	Alexa Steep	2010	TSV Adendorf 1923	11:32,00
	100m: 01:15,18 (01:15,18) 200m: 02:39,93 (01:24,75) 300m: 04:07,56 (01:27,63)			
	500m: 07:08,46 (03:00,90) 600m: 08:38,43 (01:29,97) 700m: 10:06,87 (01:28,44)			
	800m: 11:32,00 (01:25,13)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
7.	Amelie Walther 100m: 01:19,45 (01:19,45) 200m: 02:46,97 (01:27,52) 300m: 04:16,44 (01:29,47) 400m: 05:47,64 (01:31,20) 500m: 07:16,37 (01:28,73) 600m: 08:43,37 (01:27,00) 700m: 10:11,10 (01:27,73) 800m: 11:33,82 (01:22,72)	2013	Schwimm-Club Seevetal	11:33,82
8.	Caroline Fischer 100m: 01:13,56 (01:13,56) 200m: 02:38,87 (01:25,31) 300m: 04:07,03 (01:28,16) 400m: 05:35,84 (01:28,81) 500m: 07:09,20 (01:33,36) 600m: 08:41,59 (01:32,39) 700m: 10:13,32 (01:31,73) 800m: 11:38,35 (01:25,03)	2011	MTV Dannenberg 1863	11:38,35
9.	Isabelle Teuber 100m: 01:19,58 (01:19,58) 200m: 02:47,13 (01:27,55) 300m: 04:17,89 (01:30,76) 400m: 05:49,39 (01:31,50) 500m: 07:20,60 (01:31,21) 600m: 08:52,16 (01:31,56) 700m: 10:22,20 (01:30,04) 800m: 11:48,81 (01:26,61)	2009	ATS Cuxhaven	11:48,81
10.	Mira-Karoline Müller 100m: 01:19,04 (01:19,04) 200m: 02:49,03 (01:29,99) 300m: 04:19,88 (01:30,85) 400m: 05:50,32 (01:30,44) 500m: 07:22,79 (01:32,47) 600m: 08:56,00 (01:33,21) 700m: 10:27,13 (01:31,13) 800m: 11:55,29 (01:28,16)	2013	Schwimm-Club Seevetal	11:55,29
11.	Lena Krüger 100m: 01:22,93 (01:22,93) 200m: 02:53,31 (01:30,38) 300m: 04:24,06 (01:30,75) 400m: 05:55,66 (01:31,60) 500m: 07:27,39 (01:31,73) 600m: 08:57,40 (01:30,01) 700m: 10:28,51 (01:31,11) 800m: 11:56,90 (01:28,39)	2008	MTV Dannenberg 1863	11:56,90
12.	Pheline Cohrs 100m: 01:23,03 (01:23,03) 200m: 02:52,97 (01:29,94) 300m: 04:24,22 (01:31,25) 400m: 05:56,66 (01:32,44) 500m: 07:30,44 (01:33,78) 600m: 09:03,44 (01:33,00) 700m: 10:34,50 (01:31,06) 800m: 12:04,41 (01:29,91)	2013	TV Jahn Schneverdingen	12:04,41
13.	Frederike Hillmer 100m: 01:22,40 (01:22,40) 200m: 02:53,03 (01:30,63) 300m: 04:25,53 (01:32,50) 400m: 06:00,06 (01:34,53) 500m: 07:33,87 (01:33,81) 600m: 09:06,96 (01:33,09) 700m: 10:39,00 (01:32,04) 800m: 12:06,46 (01:27,46)	2009	Schwimm-Club Seevetal	12:06,46
14.	Kaley Cohrs 100m: 01:21,53 (01:21,53) 200m: 02:49,32 (01:27,79) 300m: 04:20,97 (01:31,65) 400m: 05:54,66 (01:33,69) 500m: 07:28,91 (01:34,25) 600m: 09:02,32 (01:33,41) 700m: 10:37,07 (01:34,75) 800m: 12:07,83 (01:30,76)	2012	TV Jahn Schneverdingen	12:07,83
15.	Lara Gandert 200m: 02:52,32 (02:52,32) 300m: 04:24,73 (01:32,41) 400m: 05:57,92 (01:33,19) 500m: 07:32,07 (01:34,15) 600m: 09:07,98 (01:35,91) 700m: 10:40,00 (01:32,02) 800m: 12:08,23 (01:28,23)	2010	SG Wiste	12:08,23
16.	Cherine Rau 100m: 01:21,24 (01:21,24) 200m: 02:51,59 (01:30,35) 300m: 04:25,55 (01:33,96) 400m: 05:59,89 (01:34,34) 500m: 07:35,21 (01:35,32) 600m: 09:10,91 (01:35,70) 700m: 10:45,05 (01:34,14) 800m: 12:14,89 (01:29,84)	2012	TSV Otterndorf	12:14,89
17.	Greta Moorkamp 100m: 01:27,67 (01:27,67) 200m: 02:57,53 (01:29,86) 300m: 04:29,65 (01:32,12) 400m: 06:03,12 (01:33,47) 500m: 07:38,88 (01:35,76) 600m: 09:11,89 (01:33,01) 700m: 10:47,61 (01:35,72) 800m: 12:15,83 (01:28,22)	2013	TSV Achim 1860	12:15,83
18.	Ida Stein 100m: 01:25,82 (01:25,82) 200m: 03:45,91 (02:20,09) 300m: 05:20,93 (01:35,02) 400m: 06:08,96 (00:48,03) 500m: 07:43,30 (01:34,34) 600m: 09:16,37 (01:33,07) 700m: 10:48,54 (01:32,17) 800m: 12:16,17 (01:27,63)	2013	SG Wiste	12:16,17
19.	Charlotta Hannemann 100m: 01:24,93 (01:24,93) 200m: 02:57,27 (01:32,34) 300m: 04:31,89 (01:34,62) 400m: 06:07,23 (01:35,34) 500m: 07:43,70 (01:36,47) 600m: 09:19,68 (01:35,98) 700m: 10:54,21 (01:34,53) 800m: 12:19,83 (01:25,62)	2011	SG Wiste	12:19,83
20.	Linja Hinrichs 100m: 01:20,52 (01:20,52) 200m: 02:53,16 (01:32,64) 300m: 04:30,57 (01:37,41) 400m: 06:06,43 (01:35,86) 500m: 07:41,75 (01:35,32) 600m: 09:17,16 (01:35,41) 700m: 10:51,93 (01:34,77) 800m: 12:22,72 (01:30,79)	2013	TSV Adendorf 1923	12:22,72
21.	Amelie Szczepanski 100m: 01:25,17 (01:25,17) 200m: 02:58,20 (01:33,03) 300m: 04:32,67 (01:34,47) 400m: 06:07,79 (01:35,12) 500m: 07:46,30 (01:38,51) 600m: 09:23,97 (01:37,67) 700m: 10:59,98 (01:36,01) 800m: 12:33,45 (01:33,47)	2012	TV Hambergen	12:33,45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
22.	Bente Böttcher 100m: 01:27,25 (01:27,25) 200m: 03:02,64 (01:35,39) 300m: 04:38,05 (01:35,41) 400m: 06:13,20 (01:35,15) 500m: 07:51,12 (01:37,92) 600m: 09:29,39 (01:38,27) 700m: 11:05,98 (01:36,59) 800m: 12:36,53 (01:30,55)	2012	Schwimm-Club Seevetal	12:36,53
23.	Sari Hamann 100m: 01:32,07 (01:32,07) 200m: 03:10,69 (01:38,62) 300m: 04:49,16 (01:38,47) 400m: 06:24,74 (01:35,58) 500m: 07:58,83 (01:34,09) 600m: 09:35,36 (01:36,53) 700m: 11:09,38 (01:34,02) 800m: 12:36,73 (01:27,35)	2011	SG Wiste	12:36,73
24.	Katharina Linge 100m: 01:26,56 (01:26,56) 200m: 03:01,63 (01:35,07) 300m: 04:39,66 (01:38,03) 400m: 06:17,90 (01:38,24) 500m: 07:56,15 (01:38,25) 600m: 09:36,18 (01:40,03) 700m: 11:14,00 (01:37,82) 800m: 12:49,50 (01:35,50)	2015	Schwimm-Club Seevetal	12:49,50
25.	Alma Buse 100m: 01:25,88 (01:25,88) 200m: 03:03,71 (01:37,83) 300m: 04:44,54 (01:40,83) 400m: 06:26,13 (01:41,59) 500m: 08:10,21 (01:44,08) 600m: 09:48,85 (01:38,64) 700m: 11:27,21 (01:38,36) 800m: 12:57,65 (01:30,44)	2013	TSV Otterndorf	12:57,65
26.	Inneke Grantz 100m: 01:24,45 (01:24,45) 200m: 02:59,47 (01:35,02) 300m: 04:37,44 (01:37,97) 400m: 06:19,57 (01:42,13) 500m: 07:59,68 (01:40,11) 600m: 09:38,81 (01:39,13) 700m: 11:19,87 (01:41,06) 800m: 12:58,21 (01:38,34)	2013	ATS Cuxhaven	12:58,21
27.	Jette Binder 100m: 01:27,54 (01:27,54) 200m: 03:08,12 (01:40,58) 300m: 04:50,33 (01:42,21) 400m: 06:33,44 (01:43,11) 500m: 08:14,84 (01:41,40) 600m: 09:53,78 (01:38,94) 700m: 11:34,00 (01:40,22) 800m: 13:06,59 (01:32,59)	2012	TSV Otterndorf	13:06,59
28.	Sarah Elisabeth Falk 100m: 01:26,48 (01:26,48) 200m: 03:05,09 (01:38,61) 300m: 04:46,04 (01:40,95) 400m: 06:27,42 (01:41,38) 500m: 08:10,27 (01:42,85) 600m: 09:53,00 (01:42,73) 700m: 11:36,43 (01:43,43) 800m: 13:08,58 (01:32,15)	2013	TSV Otterndorf	13:08,58
29.	Finja Häfelinger 100m: 01:24,63 (01:24,63) 200m: 03:01,61 (01:36,98) 300m: 04:43,33 (01:41,72) 400m: 06:25,65 (01:42,32) 500m: 08:08,59 (01:42,94) 600m: 09:52,03 (01:43,44) 700m: 11:35,09 (01:43,06) 800m: 13:11,10 (01:36,01)	2013	Schwimm-Club Seevetal	13:11,10
30.	Nenya Rampmeier 100m: 01:27,36 (01:27,36) 200m: 03:09,06 (01:41,70) 300m: 04:54,68 (01:45,62) 400m: 06:42,27 (01:47,59) 500m: 08:31,45 (01:49,18) 600m: 10:15,50 (01:44,05) 700m: 12:02,53 (01:47,03) 800m: 13:41,10 (01:38,57)	2014	TV Jahn Schneverdingen	13:41,10
31.	Lahja Schröder 100m: 01:31,20 (01:31,20) 200m: 03:17,20 (01:46,00) 300m: 05:05,03 (01:47,83) 400m: 06:51,21 (01:46,18) 500m: 08:39,43 (01:48,22) 600m: 10:26,50 (01:47,07) 700m: 12:09,33 (01:42,83) 800m: 13:42,85 (01:33,52)	2011	TSV Otterndorf	13:42,85
32.	Marisa Wernicke 100m: 01:34,23 (01:34,23) 200m: 03:20,75 (01:46,52) 300m: 05:09,32 (01:48,57) 400m: 06:57,17 (01:47,85) 500m: 08:42,23 (01:45,06) 600m: 10:27,08 (01:44,85) 700m: 12:10,62 (01:43,54) 800m: 13:46,52 (01:35,90)	2013	TSV Otterndorf	13:46,52
33.	Johanna Friedrichsen 100m: 01:33,31 (01:33,31) 200m: 03:17,59 (01:44,28) 300m: 05:03,92 (01:46,33) 400m: 06:50,50 (01:46,58) 500m: 08:38,41 (01:47,91) 600m: 10:27,00 (01:48,59) 700m: 12:14,66 (01:47,66) 800m: 13:52,72 (01:38,06)	2011	SG Wiste	13:52,72
34.	Alea Guraj 100m: 01:37,19 (01:37,19) 200m: 03:27,69 (01:50,50) 300m: 05:18,72 (01:51,03) 400m: 07:09,00 (01:50,28) 500m: 08:56,97 (01:47,97) 600m: 10:50,31 (01:53,34) 700m: 12:41,69 (01:51,38) 800m: 14:25,97 (01:44,28)	2015	ATS Cuxhaven	14:25,97
35.	Emma Szczepanski 100m: 01:41,42 (01:41,42) 200m: 03:35,96 (01:54,54) 300m: 05:31,72 (01:55,76) 400m: 07:26,57 (01:54,85) 500m: 09:17,85 (01:51,28) 600m: 11:06,06 (01:48,21) 700m: 13:00,41 (01:54,35) 800m: 14:46,65 (01:46,24)	2015	TV Hambergen	14:46,65
36.	Andrea Sophie Strauß 100m: 01:34,68 (01:34,68) 200m: 03:23,75 (01:49,07) 300m: 05:18,70 (01:54,95) 400m: 07:15,43 (01:56,73) 500m: 09:13,87 (01:58,44) 600m: 11:09,77 (01:55,90) 700m: 13:03,75 (01:53,98) 800m: 14:52,96 (01:49,21)	2009	SG Wiste	14:52,96

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
37.	Leonie Lehrer 100m: 01:42,83 (01:42,83) 200m: 03:37,33 (01:54,50) 300m: 05:31,63 (01:54,30) 400m: 07:24,32 (01:52,69) 500m: 09:20,06 (01:55,74) 600m: 11:16,33 (01:56,27) 700m: 13:12,04 (01:55,71) 800m: 14:55,56 (01:43,52)	2015	TSV Otterndorf	14:55,56
38.	Pabasary Malinsa Prakasha Mudiyansele 100m: 01:37,77 (01:37,77) 200m: 03:31,87 (01:54,10) 300m: 05:27,92 (01:56,05) 400m: 07:22,16 (01:54,24) 500m: 09:16,60 (01:54,44) 600m: 11:11,63 (01:55,03) 700m: 13:06,61 (01:54,98) 800m: 14:56,52 (01:49,91)	2008	SG Wiste	14:56,52
39.	Nelly Hottendorff 100m: 01:36,16 (01:36,16) 200m: 03:31,79 (01:55,63) 300m: 05:29,06 (01:57,27) 400m: 07:30,47 (02:01,41) 500m: 09:23,99 (01:53,52) 600m: 11:20,72 (01:56,73) 700m: 13:14,60 (01:53,88) 800m: 15:04,21 (01:49,61)	2015	TSV Otterndorf	15:04,21
40.	Lilliana Kanzler 100m: 01:35,60 (01:35,60) 200m: 03:28,91 (01:53,31) 300m: 05:25,27 (01:56,36) 400m: 07:25,76 (02:00,49) 500m: 09:25,12 (01:59,36) 600m: 11:23,64 (01:58,52) 700m: 13:25,60 (02:01,96) 800m: 15:19,25 (01:53,65)	2014	TSV Otterndorf	15:19,25
41.	Skylla Win 100m: 01:38,38 (01:38,38) 200m: 03:33,13 (01:54,75) 300m: 05:30,11 (01:56,98) 400m: 07:27,81 (01:57,70) 500m: 09:28,97 (02:01,16) 600m: 11:28,85 (01:59,88) 700m: 13:28,06 (01:59,21) 800m: 15:20,24 (01:52,18)	2015	TSV Otterndorf	15:20,24
42.	Tamina Sponbrucker 100m: 01:46,46 (01:46,46) 200m: 03:43,60 (01:57,14) 300m: 05:42,22 (01:58,62) 400m: 07:41,60 (01:59,38) 500m: 09:40,85 (01:59,25) 600m: 11:42,10 (02:01,25) 700m: 13:39,03 (01:56,93) 800m: 15:28,72 (01:49,69)	2015	ATS Cuxhaven	15:28,72
43.	Finja Ulrich 100m: 01:47,38 (01:47,38) 200m: 03:48,75 (02:01,37) 300m: 05:48,41 (01:59,66) 400m: 07:51,03 (02:02,62) 500m: 09:51,89 (02:00,86) 600m: 11:50,49 (01:58,60) 700m: 13:50,42 (01:59,93) 800m: 15:31,98 (01:41,56)	2013	SG Wiste	15:31,98
44.	Ava Mathews 100m: 01:49,76 (01:49,76) 200m: 03:51,61 (02:01,85) 300m: 05:52,14 (02:00,53) 400m: 08:00,12 (02:07,98) 500m: 10:10,19 (02:10,07) 600m: 12:21,87 (02:11,68) 700m: 14:32,32 (02:10,45) 800m: 16:33,45 (02:01,13)	2015	ATS Cuxhaven	16:33,45
45.	Jule Uder 100m: 02:06,07 (02:06,07) 200m: 04:28,02 (02:21,95) 300m: 06:54,41 (02:26,39) 400m: 09:24,24 (02:29,83) 500m: 11:56,02 (02:31,78) 600m: 14:24,69 (02:28,67) 700m: 16:48,84 (02:24,15) 800m: 19:03,88 (02:15,04)	2015	TSV Otterndorf	19:03,88

Wettkampf 3 - 800m Freistil männlich

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und Bezirksjahrgangsmeister	Elias Spielmann 100m: 01:26,83 (01:26,83) 200m: 03:03,55 (01:36,72) 300m: 04:41,60 (01:38,05) 400m: 06:22,44 (01:40,84) 500m: 08:03,82 (01:41,38) 600m: 09:40,25 (01:36,43) 700m: 11:16,53 (01:36,28) 800m: 12:44,87 (01:28,34)	2015	ATS Cuxhaven	12:44,87
2.	Niklas Freund 100m: 01:30,06 (01:30,06) 200m: 03:11,28 (01:41,22) 300m: 04:53,08 (01:41,80) 400m: 06:32,18 (01:39,10) 500m: 08:07,02 (01:34,84) 600m: 09:41,20 (01:34,18) 700m: 11:17,16 (01:35,96) 800m: 12:45,38 (01:28,22)	2015	Schwimm-Club Seevetal	12:45,38
3.	Oskar Eidner 100m: 01:28,77 (01:28,77) 200m: 03:09,68 (01:40,91) 300m: 04:51,39 (01:41,71) 400m: 06:35,25 (01:43,86) 500m: 08:19,03 (01:43,78) 600m: 10:04,18 (01:45,15) 700m: 11:47,98 (01:43,80) 800m: 13:21,41 (01:33,43)	2015	TSV Otterndorf	13:21,41
4.	Anton Schott 100m: 01:36,73 (01:36,73) 200m: 03:23,32 (01:46,59) 300m: 05:09,24 (01:45,92) 400m: 06:56,64 (01:47,40) 500m: 08:42,89 (01:46,25) 600m: 10:27,96 (01:45,07) 700m: 12:12,44 (01:44,48) 800m: 13:47,10 (01:34,66)	2015	TV Jahn Schneverdingen	13:47,10

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
5.	Lukas Rohmeder 100m: 01:39,13 (01:39,13) 200m: 03:25,56 (01:46,43) 300m: 05:15,17 (01:49,61) 400m: 07:02,97 (01:47,80) 500m: 08:50,73 (01:47,76) 600m: 10:34,73 (01:44,00) 700m: 12:21,61 (01:46,88) 800m: 14:02,12 (01:40,51)	2015	TV Hambergen	14:02,12
6.	Nik Matthiesen 100m: 01:46,53 (01:46,53) 200m: 03:48,25 (02:01,72) 300m: 05:51,88 (02:03,63) 400m: 07:55,66 (02:03,78) 500m: 10:02,94 (02:07,28) 600m: 12:09,13 (02:06,19) 700m: 14:11,75 (02:02,62) 800m: 16:04,19 (01:52,44)	2015	SG Wiste	16:04,19

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und Bezirksjahrgangsmeister	Sidney Jasper Tholi 100m: 01:30,00 (01:30,00) 200m: 03:07,44 (01:37,44) 300m: 04:45,56 (01:38,12) 400m: 06:25,31 (01:39,75) 500m: 08:04,25 (01:38,94) 600m: 09:43,06 (01:38,81) 700m: 11:22,81 (01:39,75) 800m: 12:56,22 (01:33,41)	2014	TSV Adendorf 1923	12:56,22
2.	Erik Dock 100m: 01:30,21 (01:30,21) 200m: 03:11,46 (01:41,25) 300m: 04:53,83 (01:42,37) 400m: 06:36,87 (01:43,04) 500m: 08:19,33 (01:42,46) 600m: 09:59,97 (01:40,64) 700m: 11:42,32 (01:42,35) 800m: 13:17,54 (01:35,22)	2014	TSV Otterndorf	13:17,54
3.	Bryan Naumann 100m: 01:38,60 (01:38,60) 200m: 03:29,39 (01:50,79) 300m: 05:18,97 (01:49,58) 400m: 07:10,01 (01:51,04) 500m: 08:58,71 (01:48,70) 600m: 10:47,83 (01:49,12) 700m: 12:37,80 (01:49,97) 800m: 14:22,70 (01:44,90)	2014	ATS Cuxhaven	14:22,70
4.	Till Jahn 100m: 01:39,93 (01:39,93) 200m: 03:33,31 (01:53,38) 300m: 05:28,39 (01:55,08) 400m: 07:23,25 (01:54,86) 500m: 09:15,73 (01:52,48) 600m: 11:07,24 (01:51,51) 700m: 12:57,92 (01:50,68) 800m: 14:41,96 (01:44,04)	2014	ATS Cuxhaven	14:41,96
5.	Finn Jahn 100m: 01:51,40 (01:51,40) 200m: 03:50,52 (01:59,12) 300m: 05:50,83 (02:00,31) 400m: 07:51,67 (02:00,84) 500m: 09:51,98 (02:00,31) 600m: 11:51,97 (01:59,99) 700m: 13:48,79 (01:56,82) 800m: 15:39,75 (01:50,96)	2014	ATS Cuxhaven	15:39,75

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und Bezirksjahrgangsmeister	Benedict Menk 100m: 01:13,57 (01:13,57) 200m: 02:34,52 (01:20,95) 300m: 03:57,00 (01:22,48) 400m: 05:20,70 (01:23,70) 500m: 06:44,39 (01:23,69) 600m: 08:07,26 (01:22,87) 700m: 09:31,20 (01:23,94) 800m: 10:50,42 (01:19,22)	2013	Schwimm-Club Seevetal	10:50,42
2.	Finn Reymers 100m: 01:21,74 (01:21,74) 200m: 02:52,85 (01:31,11) 300m: 04:25,05 (01:32,20) 400m: 05:57,76 (01:32,71) 500m: 07:33,79 (01:36,03) 600m: 09:07,98 (01:34,19) 700m: 10:40,80 (01:32,82) 800m: 12:11,08 (01:30,28)	2013	ATS Cuxhaven	12:11,08
3.	Alexander Thore Sabin 100m: 01:37,18 (01:37,18) 200m: 03:29,11 (01:51,93) 300m: 05:18,80 (01:49,69) 400m: 07:11,45 (01:52,65) 500m: 09:04,06 (01:52,61) 600m: 10:56,89 (01:52,83) 700m: 12:44,70 (01:47,81) 800m: 14:24,57 (01:39,87)	2013	TSV Otterndorf	14:24,57
4.	Justus Felix von Ahnen 100m: 01:41,22 (01:41,22) 200m: 03:34,83 (01:53,61) 300m: 05:30,79 (01:55,96) 400m: 07:27,35 (01:56,56) 500m: 09:22,02 (01:54,67) 600m: 11:14,27 (01:52,25) 700m: 13:05,86 (01:51,59) 800m: 14:48,95 (01:43,09)	2013	TSV Otterndorf	14:48,95

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Adam Haji	2011	ATS Cuxhaven	11:20,07
	100m: 01:13,37 (01:13,37) 200m: 02:34,88 (01:21,51) 300m: 04:00,81 (01:25,93) 400m: 05:29,54 (01:28,73) 500m: 06:59,07 (01:29,53) 600m: 08:27,82 (01:28,75) 700m: 09:56,42 (01:28,60) 800m: 11:20,07 (01:23,65)			

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Tammo Stenzel	2010	TSV Adendorf 1923	10:30,71
	100m: 01:07,42 (01:07,42) 200m: 02:23,90 (01:16,48) 300m: 03:42,85 (01:18,95) 400m: 05:02,73 (01:19,88) 500m: 06:23,56 (01:20,83) 600m: 07:45,83 (01:22,27) 700m: 09:08,92 (01:23,09) 800m: 10:30,71 (01:21,79)			

abgemeldet

Anton Hartig 2010 ATS Cuxhaven

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Jan Peter Strauß	2009	SG Wiste	11:27,52
	100m: 01:11,83 (01:11,83) 200m: 02:35,21 (01:23,38) 300m: 04:02,66 (01:27,45) 400m: 05:32,45 (01:29,79) 500m: 07:01,87 (01:29,42) 600m: 08:32,38 (01:30,51) 700m: 10:02,59 (01:30,21) 800m: 11:27,52 (01:24,93)			
2.	Andreas Qesku	2009	ATS Cuxhaven	12:01,05

Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksmeister Junioren Tomke Stenzel	2008	TSV Adendorf 1923	10:21,75
	100m: 01:07,15 (01:07,15) 200m: 02:23,13 (01:15,98) 300m: 03:41,12 (01:17,99) 400m: 05:02,43 (01:21,31) 500m: 06:19,89 (01:17,46) 600m: 07:40,47 (01:20,58) 700m: 09:01,62 (01:21,15) 800m: 10:21,75 (01:20,13)			

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksmeister Tomke Stenzel	2008	TSV Adendorf 1923	10:21,75
	100m: 01:07,15 (01:07,15) 200m: 02:23,13 (01:15,98) 300m: 03:41,12 (01:17,99) 400m: 05:02,43 (01:21,31) 500m: 06:19,89 (01:17,46) 600m: 07:40,47 (01:20,58) 700m: 09:01,62 (01:21,15) 800m: 10:21,75 (01:20,13)			
2.	Tammo Stenzel	2010	TSV Adendorf 1923	10:30,71
	100m: 01:07,42 (01:07,42) 200m: 02:23,90 (01:16,48) 300m: 03:42,85 (01:18,95) 400m: 05:02,73 (01:19,88) 500m: 06:23,56 (01:20,83) 600m: 07:45,83 (01:22,27) 700m: 09:08,92 (01:23,09) 800m: 10:30,71 (01:21,79)			
3.	Benedict Menk	2013	Schwimm-Club Seevetal	10:50,42
	100m: 01:13,57 (01:13,57) 200m: 02:34,52 (01:20,95) 300m: 03:57,00 (01:22,48) 400m: 05:20,70 (01:23,70) 500m: 06:44,39 (01:23,69) 600m: 08:07,26 (01:22,87) 700m: 09:31,20 (01:23,94) 800m: 10:50,42 (01:19,22)			
4.	Adam Haji	2011	ATS Cuxhaven	11:20,07
	100m: 01:13,37 (01:13,37) 200m: 02:34,88 (01:21,51) 300m: 04:00,81 (01:25,93) 400m: 05:29,54 (01:28,73) 500m: 06:59,07 (01:29,53) 600m: 08:27,82 (01:28,75) 700m: 09:56,42 (01:28,60) 800m: 11:20,07 (01:23,65)			
5.	Jan Peter Strauß	2009	SG Wiste	11:27,52
	100m: 01:11,83 (01:11,83) 200m: 02:35,21 (01:23,38) 300m: 04:02,66 (01:27,45) 400m: 05:32,45 (01:29,79) 500m: 07:01,87 (01:29,42) 600m: 08:32,38 (01:30,51) 700m: 10:02,59 (01:30,21) 800m: 11:27,52 (01:24,93)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
6.	Andreas Qesku	2009	ATS Cuxhaven	12:01,05
7.	Finn Reymers	2013	ATS Cuxhaven	12:11,08
	100m: 01:21,74 (01:21,74) 200m: 02:52,85 (01:31,11) 300m: 04:25,05 (01:32,20) 400m: 05:57,76 (01:32,71) 500m: 07:33,79 (01:36,03) 600m: 09:07,98 (01:34,19) 700m: 10:40,80 (01:32,82) 800m: 12:11,08 (01:30,28)			
8.	Elias Spielmann	2015	ATS Cuxhaven	12:44,87
	100m: 01:26,83 (01:26,83) 200m: 03:03,55 (01:36,72) 300m: 04:41,60 (01:38,05) 400m: 06:22,44 (01:40,84) 500m: 08:03,82 (01:41,38) 600m: 09:40,25 (01:36,43) 700m: 11:16,53 (01:36,28) 800m: 12:44,87 (01:28,34)			
9.	Niklas Freund	2015	Schwimm-Club Seevetal	12:45,38
	100m: 01:30,06 (01:30,06) 200m: 03:11,28 (01:41,22) 300m: 04:53,08 (01:41,80) 400m: 06:32,18 (01:39,10) 500m: 08:07,02 (01:34,84) 600m: 09:41,20 (01:34,18) 700m: 11:17,16 (01:35,96) 800m: 12:45,38 (01:28,22)			
10.	Sidney Jasper Tholi	2014	TSV Adendorf 1923	12:56,22
	100m: 01:30,00 (01:30,00) 200m: 03:07,44 (01:37,44) 300m: 04:45,56 (01:38,12) 400m: 06:25,31 (01:39,75) 500m: 08:04,25 (01:38,94) 600m: 09:43,06 (01:38,81) 700m: 11:22,81 (01:39,75) 800m: 12:56,22 (01:33,41)			
11.	Erik Dock	2014	TSV Otterndorf	13:17,54
	100m: 01:30,21 (01:30,21) 200m: 03:11,46 (01:41,25) 300m: 04:53,83 (01:42,37) 400m: 06:36,87 (01:43,04) 500m: 08:19,33 (01:42,46) 600m: 09:59,97 (01:40,64) 700m: 11:42,32 (01:42,35) 800m: 13:17,54 (01:35,22)			
12.	Oskar Eidner	2015	TSV Otterndorf	13:21,41
	100m: 01:28,77 (01:28,77) 200m: 03:09,68 (01:40,91) 300m: 04:51,39 (01:41,71) 400m: 06:35,25 (01:43,86) 500m: 08:19,03 (01:43,78) 600m: 10:04,18 (01:45,15) 700m: 11:47,98 (01:43,80) 800m: 13:21,41 (01:33,43)			
13.	Anton Schott	2015	TV Jahn Schneverdingen	13:47,10
	100m: 01:36,73 (01:36,73) 200m: 03:23,32 (01:46,59) 300m: 05:09,24 (01:45,92) 400m: 06:56,64 (01:47,40) 500m: 08:42,89 (01:46,25) 600m: 10:27,96 (01:45,07) 700m: 12:12,44 (01:44,48) 800m: 13:47,10 (01:34,66)			
14.	Lukas Rohmeder	2015	TV Hambergen	14:02,12
	100m: 01:39,13 (01:39,13) 200m: 03:25,56 (01:46,43) 300m: 05:15,17 (01:49,61) 400m: 07:02,97 (01:47,80) 500m: 08:50,73 (01:47,76) 600m: 10:34,73 (01:44,00) 700m: 12:21,61 (01:46,88) 800m: 14:02,12 (01:40,51)			
15.	Bryan Naumann	2014	ATS Cuxhaven	14:22,70
	100m: 01:38,60 (01:38,60) 200m: 03:29,39 (01:50,79) 300m: 05:18,97 (01:49,58) 400m: 07:10,01 (01:51,04) 500m: 08:58,71 (01:48,70) 600m: 10:47,83 (01:49,12) 700m: 12:37,80 (01:49,97) 800m: 14:22,70 (01:44,90)			
16.	Alexander Thore Sabin	2013	TSV Otterndorf	14:24,57
	100m: 01:37,18 (01:37,18) 200m: 03:29,11 (01:51,93) 300m: 05:18,80 (01:49,69) 400m: 07:11,45 (01:52,65) 500m: 09:04,06 (01:52,61) 600m: 10:56,89 (01:52,83) 700m: 12:44,70 (01:47,81) 800m: 14:24,57 (01:39,87)			
17.	Till Jahn	2014	ATS Cuxhaven	14:41,96
	100m: 01:39,93 (01:39,93) 200m: 03:33,31 (01:53,38) 300m: 05:28,39 (01:55,08) 400m: 07:23,25 (01:54,86) 500m: 09:15,73 (01:52,48) 600m: 11:07,24 (01:51,51) 700m: 12:57,92 (01:50,68) 800m: 14:41,96 (01:44,04)			
18.	Justus Felix von Ahnen	2013	TSV Otterndorf	14:48,95
	100m: 01:41,22 (01:41,22) 200m: 03:34,83 (01:53,61) 300m: 05:30,79 (01:55,96) 400m: 07:27,35 (01:56,56) 500m: 09:22,02 (01:54,67) 600m: 11:14,27 (01:52,25) 700m: 13:05,86 (01:51,59) 800m: 14:48,95 (01:43,09)			
19.	Finn Jahn	2014	ATS Cuxhaven	15:39,75
	100m: 01:51,40 (01:51,40) 200m: 03:50,52 (01:59,12) 300m: 05:50,83 (02:00,31) 400m: 07:51,67 (02:00,84) 500m: 09:51,98 (02:00,31) 600m: 11:51,97 (01:59,99) 700m: 13:48,79 (01:56,82) 800m: 15:39,75 (01:50,96)			
20.	Nik Matthiesen	2015	SG Wiste	16:04,19
	100m: 01:46,53 (01:46,53) 200m: 03:48,25 (02:01,72) 300m: 05:51,88 (02:03,63) 400m: 07:55,66 (02:03,78) 500m: 10:02,94 (02:07,28) 600m: 12:09,13 (02:06,19) 700m: 14:11,75 (02:02,62) 800m: 16:04,19 (01:52,44)			

Otterndorf, den 25.01.2026
Abschnittende: 12:35 Uhr
Protokollende: 12:54 Uhr

gez. Matthias von Ahnen
Schiedsrichter

gez. Hannah Ehlers
Schiedsrichter i.A.

gez. Anja Riechmann
Protokollführer

Abschnitt 2 - Sonntag 25.01.2026

Einlass: 01:00 nach Abs.1 | Einschwimmen: 00:00 nach Abs.1 | Kampfrichtersitzung: 00:00 nach Abs.1
Beginn: 01:00 nach Abs.1

Kampfgericht Abschnitt 2

Position	Name	Verein
Schiedsrichter	Matthias von Ahnen	BSLG
Schiedsrichter i.A.	Hannah Ehlers	BSLG
Starter	Jasmin Fischer	MTV Dannenberg 1863
Sprecher	Jan Riechmann	TSV Otterndorf
Schwimmrichter	Carmen Sponbrucker	ATS Cuxhaven
Schwimmrichter	Andrea Haase	Schwimm-Club Seevetal
Auswerter	Daniel Cohrs	BSLG
Protokollführer	Anja Riechmann	TSV Otterndorf
Computer	Anja Riechmann	TSV Otterndorf

Zielgericht

Position	Name	Verein
Zielrichter	Barbara Wernicke	TSV Otterndorf
Zielrichter	Christian Mathews	ATS Cuxhaven
Zielrichter	Strauß Jan Peter	SG Wiste

Zeitgericht 1

Position	Name	Verein
Zeitnehmer-Obmann	von Ahnen Luisa	TSV Otterndorf
Zeitnehmer Bahn 1	Sven Hagedorn	TSV Otterndorf
Zeitnehmer Bahn 2	Monique Melzian	TV Jahn Schneverdingen
Zeitnehmer Bahn 3	Ronny Gärtner	SC Lüchow 1861
Zeitnehmer Bahn 4	Astrid Schönberg	Schwimm-Club Seevetal
Reserve-Zeitnehmer	Ilka Win	TSV Otterndorf

Zeitgericht 2

Position	Name	Verein
Zeitnehmer-Obmann	Lars Tiedemann	ATS Cuxhaven
Zeitnehmer Bahn 1	Thomas Steep	TSV Adendorf 1923
Zeitnehmer Bahn 2	Monique Lehrer	TV Hambergen
Zeitnehmer Bahn 3	Andrea Strauß	SG Wiste
Zeitnehmer Bahn 4	Meike Falk	TSV Otterndorf
Reserve-Zeitnehmer	Lars Tiedemann	ATS Cuxhaven

Wendegericht

Position	Name	Verein
Wenderichter-Obmann	Katja Moorkamp	TSV Achim 1860
Wenderichter Bahn 1	Katja Moorkamp	TSV Achim 1860
Wenderichter Bahn	Katja Moorkamp	TSV Achim 1860
Wenderichter Bahn	Sabine Hinrichs	TSV Adendorf 1923
Wenderichter Bahn	Sabine Hinrichs	TSV Adendorf 1923

Wettkampffolge für Abschnitt 2

Wettkampf 4 - 1500m Freistil weiblich

Wettkampf 5 - 1500m Freistil männlich

Wettkampf 6 - 400m Lagen weiblich

Wettkampf 4 - 1500m Freistil weiblich

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Alea Guraj	2015	ATS Cuxhaven	28:03,65
	100m: 01:39,01 (01:39,01) 200m: 03:25,37 (01:46,36) 300m: 05:17,90 (01:52,53)			
	400m: 07:13,77 (01:55,87) 500m: 09:12,47 (01:58,70) 600m: 11:08,28 (01:55,81)			
	700m: 13:04,57 (01:56,29) 800m: 14:59,21 (01:54,64) 900m: 16:55,00 (01:55,79)			
	1000m: 18:50,20 (01:55,20) 1100m: 20:46,03 (01:55,83) 1200m: 22:38,81 (01:52,78)			
	1300m: 24:29,27 (01:50,46) 1400m: 26:21,57 (01:52,30) 1500m: 28:03,65 (01:42,08)			
2.	Leonie Lehrer	2015	TSV Otterndorf	28:04,38
	100m: 01:44,71 (01:44,71) 200m: 03:38,78 (01:54,07) 300m: 05:30,59 (01:51,81)			
	400m: 07:24,92 (01:54,33) 500m: 09:20,41 (01:55,49) 600m: 11:13,54 (01:53,13)			
	700m: 13:07,84 (01:54,30) 800m: 15:01,92 (01:54,08) 900m: 16:57,43 (01:55,51)			
	1000m: 18:50,95 (01:53,52) 1100m: 20:43,46 (01:52,51) 1200m: 22:37,10 (01:53,64)			
	1300m: 24:29,14 (01:52,04) 1400m: 26:21,26 (01:52,12) 1500m: 28:04,38 (01:43,12)			
3.	Tamina Sponbrucker	2015	ATS Cuxhaven	30:53,13
	100m: 01:51,16 (01:51,16) 200m: 03:55,37 (02:04,21) 300m: 05:56,67 (02:01,30)			
	400m: 07:58,71 (02:02,04) 500m: 10:07,71 (02:09,00) 600m: 12:15,81 (02:08,10)			
	700m: 14:21,24 (02:05,43) 800m: 16:28,01 (02:06,77) 900m: 18:35,77 (02:07,76)			
	1000m: 20:36,64 (02:00,87) 1100m: 22:41,22 (02:04,58) 1200m: 24:48,65 (02:07,43)			
	1300m: 26:56,14 (02:07,49) 1400m: 28:59,94 (02:03,80) 1500m: 30:53,13 (01:53,19)			
4.	Ava Mathews	2015	ATS Cuxhaven	33:34,50
	100m: 01:58,69 (01:58,69) 200m: 04:08,71 (02:10,02) 300m: 06:21,57 (02:12,86)			
	400m: 08:36,12 (02:14,55) 500m: 10:52,83 (02:16,71) 600m: 13:12,03 (02:19,20)			
	700m: 15:30,61 (02:18,58) 800m: 17:50,62 (02:20,01) 900m: 20:14,86 (02:24,24)			
	1000m: 22:34,98 (02:20,12) 1100m: 24:53,84 (02:18,86) 1200m: 27:12,07 (02:18,23)			
	1300m: 29:28,76 (02:16,69) 1400m: 31:40,06 (02:11,30) 1500m: 33:34,50 (01:54,44)			

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Lilliana Kanzler	2014	TSV Otterndorf	29:43,24
	100m: 01:39,55 (01:39,55) 200m: 03:36,06 (01:56,51) 300m: 05:29,10 (01:53,04)			
	400m: 07:25,85 (01:56,75) 500m: 09:22,30 (01:56,45) 600m: 11:23,62 (02:01,32)			
	700m: 13:20,85 (01:57,23) 800m: 15:17,56 (01:56,71) 900m: 17:19,69 (02:02,13)			
	1000m: 19:17,43 (01:57,74) 1100m: 21:24,36 (02:06,93) 1200m: 23:33,14 (02:08,78)			
	1300m: 25:39,48 (02:06,34) 1400m: 27:46,12 (02:06,64) 1500m: 29:43,24 (01:57,12)			

abgemeldet

Alessia Di Nuzzi 2014 ATS Cuxhaven

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Alma Buse	2013	TSV Otterndorf	24:39,31
	100m: 01:27,27 (01:27,27) 200m: 03:05,51 (01:38,24) 300m: 04:45,45 (01:39,94)			
	400m: 06:24,99 (01:39,54) 500m: 08:03,54 (01:38,55) 600m: 09:44,55 (01:41,01)			
	700m: 11:25,63 (01:41,08) 800m: 13:06,16 (01:40,53) 900m: 14:47,07 (01:40,91)			
	1000m: 16:26,37 (01:39,30) 1100m: 18:07,93 (01:41,56) 1200m: 19:49,26 (01:41,33)			
	1300m: 21:29,83 (01:40,57) 1400m: 23:07,62 (01:37,79) 1500m: 24:39,31 (01:31,69)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Inneke Grantz	2013	ATS Cuxhaven	24:49,76
	100m: 01:25,50 (01:25,50) 200m: 03:02,42 (01:36,92) 300m: 04:43,46 (01:41,04) 400m: 06:23,72 (01:40,26) 500m: 08:04,67 (01:40,95) 600m: 09:42,75 (01:38,08) 700m: 11:20,44 (01:37,69) 800m: 13:03,01 (01:42,57) 900m: 14:44,38 (01:41,37) 1000m: 16:27,55 (01:43,17) 1100m: 18:07,83 (01:40,28) 1200m: 19:48,44 (01:40,61) 1300m: 21:33,40 (01:44,96) 1400m: 23:15,04 (01:41,64) 1500m: 24:49,76 (01:34,72)			
3.	Sarah Elisabeth Falk	2013	TSV Otterndorf	25:06,04
	100m: 01:28,57 (01:28,57) 200m: 03:06,94 (01:38,37) 300m: 04:47,13 (01:40,19) 400m: 06:28,50 (01:41,37) 500m: 08:08,48 (01:39,98) 600m: 09:49,94 (01:41,46) 700m: 11:34,32 (01:44,38) 800m: 13:18,47 (01:44,15) 900m: 15:03,50 (01:45,03) 1000m: 16:47,63 (01:44,13) 1100m: 18:28,91 (01:41,28) 1200m: 20:11,10 (01:42,19) 1300m: 21:53,19 (01:42,09) 1400m: 23:32,57 (01:39,38) 1500m: 25:06,04 (01:33,47)			
4.	Theresa Hillmer	2013	Schwimm-Club Seevetal	26:19,74
	100m: 01:28,83 (01:28,83) 200m: 03:06,25 (01:37,42) 300m: 04:51,78 (01:45,53) 400m: 06:38,37 (01:46,59) 500m: 08:26,60 (01:48,23) 600m: 10:14,12 (01:47,52) 700m: 11:59,01 (01:44,89) 800m: 13:41,61 (01:42,60) 900m: 15:32,41 (01:50,80) 1000m: 17:21,35 (01:48,94) 1100m: 19:11,07 (01:49,72) 1200m: 21:02,33 (01:51,26) 1300m: 22:50,97 (01:48,64) 1400m: 24:40,41 (01:49,44) 1500m: 26:19,74 (01:39,33)			

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und Bezirksjahrgangsmeisterin	Cherine Rau	2012	TSV Otterndorf	23:10,93
	100m: 01:20,96 (01:20,96) 200m: 02:51,98 (01:31,02) 300m: 04:24,70 (01:32,72) 400m: 05:57,16 (01:32,46) 500m: 07:31,09 (01:33,93) 600m: 09:05,20 (01:34,11) 700m: 10:39,55 (01:34,35) 800m: 12:13,79 (01:34,24) 900m: 13:48,50 (01:34,71) 1000m: 15:23,26 (01:34,76) 1100m: 16:58,08 (01:34,82) 1200m: 18:31,81 (01:33,73) 1300m: 20:07,43 (01:35,62) 1400m: 21:41,83 (01:34,40) 1500m: 23:10,93 (01:29,10)			
2.	Amelie Szczepanski	2012	TV Hambergen	24:10,27
	100m: 01:26,27 (01:26,27) 200m: 03:02,09 (01:35,82) 300m: 04:40,90 (01:38,81) 400m: 06:20,96 (01:40,06) 500m: 07:59,13 (01:38,17) 600m: 09:37,29 (01:38,16) 700m: 11:14,59 (01:37,30) 800m: 12:52,41 (01:37,82) 900m: 14:28,14 (01:35,73) 1000m: 16:04,49 (01:36,35) 1100m: 17:42,77 (01:38,28) 1200m: 19:21,59 (01:38,82) 1300m: 20:59,16 (01:37,57) 1400m: 22:37,44 (01:38,28) 1500m: 24:10,27 (01:32,83)			

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und Bezirksjahrgangsmeisterin	Maja Stein	2011	SG Wiste	21:11,35
	100m: 01:19,63 (01:19,63) 200m: 02:43,59 (01:23,96) 300m: 04:07,92 (01:24,33) 400m: 05:32,84 (01:24,92) 500m: 06:57,76 (01:24,92) 600m: 08:23,03 (01:25,27) 700m: 09:49,20 (01:26,17) 800m: 11:15,32 (01:26,12) 900m: 12:41,07 (01:25,75) 1000m: 14:07,34 (01:26,27) 1100m: 15:34,33 (01:26,99) 1200m: 16:59,84 (01:25,51) 1300m: 18:26,03 (01:26,19) 1400m: 19:51,04 (01:25,01) 1500m: 21:11,35 (01:20,31)			
2.	Charlotta Hannemann	2011	SG Wiste	23:01,31
	100m: 01:22,31 (01:22,31) 200m: 02:53,28 (01:30,97) 300m: 04:26,53 (01:33,25) 400m: 06:00,00 (01:33,47) 500m: 07:30,43 (01:30,43) 600m: 09:02,25 (01:31,82) 700m: 10:34,12 (01:31,87) 800m: 12:07,71 (01:33,59) 900m: 13:41,31 (01:33,60) 1000m: 15:15,81 (01:34,50) 1100m: 16:49,21 (01:33,40) 1200m: 18:25,06 (01:35,85) 1300m: 20:01,43 (01:36,37) 1400m: 21:34,51 (01:33,08) 1500m: 23:01,31 (01:26,80)			
3.	Eva Gurt	2011	TSV Otterndorf	23:34,21
	100m: 01:22,36 (01:22,36) 200m: 02:53,13 (01:30,77) 300m: 04:27,31 (01:34,18) 400m: 06:00,93 (01:33,62) 500m: 07:36,56 (01:35,63) 600m: 09:12,15 (01:35,59) 700m: 10:48,46 (01:36,31) 800m: 12:25,65 (01:37,19) 900m: 14:02,75 (01:37,10) 1000m: 15:40,50 (01:37,75) 1100m: 17:17,96 (01:37,46) 1200m: 18:56,50 (01:38,54) 1300m: 20:31,06 (01:34,56) 1400m: 22:05,37 (01:34,31) 1500m: 23:34,21 (01:28,84)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
4.	Sari Hamann	2011	SG Wiste	24:12,29
	100m: 01:31,79 (01:31,79) 200m: 03:12,63 (01:40,84) 300m: 04:53,97 (01:41,34) 400m: 06:33,29 (01:39,32) 500m: 08:09,60 (01:36,31) 600m: 09:48,41 (01:38,81) 700m: 11:24,91 (01:36,50) 800m: 13:09,44 (01:44,53) 900m: 14:39,25 (01:29,81) 1000m: 16:15,60 (01:36,35) 1100m: 17:52,69 (01:37,09) 1200m: 19:30,38 (01:37,69) 1300m: 21:07,63 (01:37,25) 1400m: 22:44,72 (01:37,09) 1500m: 24:12,29 (01:27,57)			
5.	Emilie Benz	2011	TSV Otterndorf	24:23,75
	100m: 01:28,24 (01:28,24) 200m: 03:03,96 (01:35,72) 300m: 04:40,29 (01:36,33) 400m: 06:17,86 (01:37,57) 500m: 07:55,51 (01:37,65) 600m: 09:34,83 (01:39,32) 700m: 11:14,57 (01:39,74) 800m: 12:55,01 (01:40,44) 900m: 14:35,25 (01:40,24) 1000m: 16:16,22 (01:40,97) 1100m: 17:56,75 (01:40,53) 1200m: 19:37,95 (01:41,20) 1300m: 21:17,95 (01:40,00) 1400m: 22:51,90 (01:33,95) 1500m: 24:23,75 (01:31,85)			
6.	Lahja Schröder	2011	TSV Otterndorf	27:16,07
	100m: 01:36,96 (01:36,96) 1500m: 27:16,07 (25:39,11)			

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und	Bezirksjahrgangsmeisterin			
	Alexa Steep	2010	TSV Adendorf 1923	21:39,57
	100m: 01:18,00 (01:18,00) 200m: 02:46,86 (01:28,86) 300m: 04:10,15 (01:23,29) 400m: 05:36,54 (01:26,39) 500m: 07:04,53 (01:27,99) 600m: 08:32,46 (01:27,93) 700m: 10:01,49 (01:29,03) 800m: 11:30,63 (01:29,14) 900m: 12:59,87 (01:29,24) 1000m: 14:27,36 (01:27,49) 1100m: 15:54,94 (01:27,58) 1200m: 17:22,18 (01:27,24) 1300m: 18:50,51 (01:28,33) 1400m: 20:18,36 (01:27,85) 1500m: 21:39,57 (01:21,21)			
2.	Merle Moorkamp	2010	TSV Achim 1860	21:42,30
	100m: 01:21,77 (01:21,77) 200m: 02:48,99 (01:27,22) 300m: 04:18,28 (01:29,29) 400m: 05:47,74 (01:29,46) 500m: 07:17,77 (01:30,03) 600m: 08:46,93 (01:29,16) 700m: 10:14,81 (01:27,88) 800m: 11:42,89 (01:28,08) 900m: 13:09,52 (01:26,63) 1000m: 14:36,18 (01:26,66) 1100m: 16:02,23 (01:26,05) 1200m: 17:28,54 (01:26,31) 1300m: 18:55,51 (01:26,97) 1400m: 20:21,29 (01:25,78) 1500m: 21:42,30 (01:21,01)			
3.	Lara Gandert	2010	SG Wiste	23:19,02
	100m: 01:23,10 (01:23,10) 200m: 02:55,21 (01:32,11) 300m: 04:28,86 (01:33,65) 400m: 06:02,95 (01:34,09) 500m: 07:36,99 (01:34,04) 600m: 09:11,01 (01:34,02) 700m: 10:46,40 (01:35,39) 800m: 12:20,99 (01:34,59) 900m: 13:55,70 (01:34,71) 1000m: 15:30,85 (01:35,15) 1100m: 17:05,91 (01:35,06) 1200m: 18:41,02 (01:35,11) 1300m: 20:17,78 (01:36,76) 1400m: 21:53,04 (01:35,26) 1500m: 23:19,02 (01:25,98)			
4.	Ida Tiedgen	2010	Schwimm-Club Seevetal	23:22,28
	100m: 01:13,60 (01:13,60) 200m: 02:42,47 (01:28,87) 300m: 04:16,94 (01:34,47) 400m: 05:51,96 (01:35,02) 500m: 07:28,70 (01:36,74) 600m: 09:05,22 (01:36,52) 700m: 10:41,22 (01:36,00) 800m: 12:18,69 (01:37,47) 900m: 13:55,83 (01:37,14) 1000m: 15:31,44 (01:35,61) 1100m: 17:08,61 (01:37,17) 1200m: 18:44,90 (01:36,29) 1300m: 20:20,82 (01:35,92) 1400m: 21:56,41 (01:35,59) 1500m: 23:22,28 (01:25,87)			

Juniorinnen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Rieke Hinners	2008	TSV Otterndorf	21:33,37
	100m: 01:13,67 (01:13,67) 200m: 02:40,79 (01:27,12) 300m: 04:08,39 (01:27,60) 400m: 05:35,74 (01:27,35) 500m: 07:04,31 (01:28,57) 600m: 08:30,55 (01:26,24) 700m: 09:58,24 (01:27,69) 800m: 11:25,76 (01:27,52) 900m: 12:54,46 (01:28,70) 1000m: 14:24,52 (01:30,06) 1100m: 15:51,46 (01:26,94) 1200m: 17:20,04 (01:28,58) 1300m: 18:47,25 (01:27,21) 1400m: 20:13,62 (01:26,37) 1500m: 21:33,37 (01:19,75)			
2.	Klara Viereck	2008	TSV Adendorf 1923	23:37,39
	100m: 01:24,64 (01:24,64) 1000m: 15:45,83 (14:21,19) 1100m: 17:22,53 (01:36,70) 1200m: 18:59,31 (01:36,78) 1300m: 20:35,19 (01:35,88) 1400m: 22:10,84 (01:35,65) 1500m: 23:37,39 (01:26,55)			

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksmeisterin			
	Maja Stein	2011	SG Wiste	21:11,35
	100m: 01:19,63 (01:19,63) 200m: 02:43,59 (01:23,96) 300m: 04:07,92 (01:24,33)			
	400m: 05:32,84 (01:24,92) 500m: 06:57,76 (01:24,92) 600m: 08:23,03 (01:25,27)			
	700m: 09:49,20 (01:26,17) 800m: 11:15,32 (01:26,12) 900m: 12:41,07 (01:25,75)			
	1000m: 14:07,34 (01:26,27) 1100m: 15:34,33 (01:26,99) 1200m: 16:59,84 (01:25,51)			
	1300m: 18:26,03 (01:26,19) 1400m: 19:51,04 (01:25,01) 1500m: 21:11,35 (01:20,31)			
2.	Rieke Hinners	2008	TSV Otterndorf	21:33,37
	100m: 01:13,67 (01:13,67) 200m: 02:40,79 (01:27,12) 300m: 04:08,39 (01:27,60)			
	400m: 05:35,74 (01:27,35) 500m: 07:04,31 (01:28,57) 600m: 08:30,55 (01:26,24)			
	700m: 09:58,24 (01:27,69) 800m: 11:25,76 (01:27,52) 900m: 12:54,46 (01:28,70)			
	1000m: 14:24,52 (01:30,06) 1100m: 15:51,46 (01:26,94) 1200m: 17:20,04 (01:28,58)			
	1300m: 18:47,25 (01:27,21) 1400m: 20:13,62 (01:26,37) 1500m: 21:33,37 (01:19,75)			
3.	Alexa Steep	2010	TSV Adendorf 1923	21:39,57
	100m: 01:18,00 (01:18,00) 200m: 02:46,86 (01:28,86) 300m: 04:10,15 (01:23,29)			
	400m: 05:36,54 (01:26,39) 500m: 07:04,53 (01:27,99) 600m: 08:32,46 (01:27,93)			
	700m: 10:01,49 (01:29,03) 800m: 11:30,63 (01:29,14) 900m: 12:59,87 (01:29,24)			
	1000m: 14:27,36 (01:27,49) 1100m: 15:54,94 (01:27,58) 1200m: 17:22,18 (01:27,24)			
	1300m: 18:50,51 (01:28,33) 1400m: 20:18,36 (01:27,85) 1500m: 21:39,57 (01:21,21)			
4.	Merle Moorkamp	2010	TSV Achim 1860	21:42,30
	100m: 01:21,77 (01:21,77) 200m: 02:48,99 (01:27,22) 300m: 04:18,28 (01:29,29)			
	400m: 05:47,74 (01:29,46) 500m: 07:17,77 (01:30,03) 600m: 08:46,93 (01:29,16)			
	700m: 10:14,81 (01:27,88) 800m: 11:42,89 (01:28,08) 900m: 13:09,52 (01:26,63)			
	1000m: 14:36,18 (01:26,66) 1100m: 16:02,23 (01:26,05) 1200m: 17:28,54 (01:26,31)			
	1300m: 18:55,51 (01:26,97) 1400m: 20:21,29 (01:25,78) 1500m: 21:42,30 (01:21,01)			
5.	Charlotta Hannemann	2011	SG Wiste	23:01,31
	100m: 01:22,31 (01:22,31) 200m: 02:53,28 (01:30,97) 300m: 04:26,53 (01:33,25)			
	400m: 06:00,00 (01:33,47) 500m: 07:30,43 (01:30,43) 600m: 09:02,25 (01:31,82)			
	700m: 10:34,12 (01:31,87) 800m: 12:07,71 (01:33,59) 900m: 13:41,31 (01:33,60)			
	1000m: 15:15,81 (01:34,50) 1100m: 16:49,21 (01:33,40) 1200m: 18:25,06 (01:35,85)			
	1300m: 20:01,43 (01:36,37) 1400m: 21:34,51 (01:33,08) 1500m: 23:01,31 (01:26,80)			
6.	Cherine Rau	2012	TSV Otterndorf	23:10,93
	100m: 01:20,96 (01:20,96) 200m: 02:51,98 (01:31,02) 300m: 04:24,70 (01:32,72)			
	400m: 05:57,16 (01:32,46) 500m: 07:31,09 (01:33,93) 600m: 09:05,20 (01:34,11)			
	700m: 10:39,55 (01:34,35) 800m: 12:13,79 (01:34,24) 900m: 13:48,50 (01:34,71)			
	1000m: 15:23,26 (01:34,76) 1100m: 16:58,08 (01:34,82) 1200m: 18:31,81 (01:33,73)			
	1300m: 20:07,43 (01:35,62) 1400m: 21:41,83 (01:34,40) 1500m: 23:10,93 (01:29,10)			
7.	Lara Gandert	2010	SG Wiste	23:19,02
	100m: 01:23,10 (01:23,10) 200m: 02:55,21 (01:32,11) 300m: 04:28,86 (01:33,65)			
	400m: 06:02,95 (01:34,09) 500m: 07:36,99 (01:34,04) 600m: 09:11,01 (01:34,02)			
	700m: 10:46,40 (01:35,39) 800m: 12:20,99 (01:34,59) 900m: 13:55,70 (01:34,71)			
	1000m: 15:30,85 (01:35,15) 1100m: 17:05,91 (01:35,06) 1200m: 18:41,02 (01:35,11)			
	1300m: 20:17,78 (01:36,76) 1400m: 21:53,04 (01:35,26) 1500m: 23:19,02 (01:25,98)			
8.	Ida Tiedgen	2010	Schwimm-Club Seevetal	23:22,28
	100m: 01:13,60 (01:13,60) 200m: 02:42,47 (01:28,87) 300m: 04:16,94 (01:34,47)			
	400m: 05:51,96 (01:35,02) 500m: 07:28,70 (01:36,74) 600m: 09:05,22 (01:36,52)			
	700m: 10:41,22 (01:36,00) 800m: 12:18,69 (01:37,47) 900m: 13:55,83 (01:37,14)			
	1000m: 15:31,44 (01:35,61) 1100m: 17:08,61 (01:37,17) 1200m: 18:44,90 (01:36,29)			
	1300m: 20:20,82 (01:35,92) 1400m: 21:56,41 (01:35,59) 1500m: 23:22,28 (01:25,87)			
9.	Eva Gurt	2011	TSV Otterndorf	23:34,21
	100m: 01:22,36 (01:22,36) 200m: 02:53,13 (01:30,77) 300m: 04:27,31 (01:34,18)			
	400m: 06:00,93 (01:33,62) 500m: 07:36,56 (01:35,63) 600m: 09:12,15 (01:35,59)			
	700m: 10:48,46 (01:36,31) 800m: 12:25,65 (01:37,19) 900m: 14:02,75 (01:37,10)			
	1000m: 15:40,50 (01:37,75) 1100m: 17:17,96 (01:37,46) 1200m: 18:56,50 (01:38,54)			
	1300m: 20:31,06 (01:34,56) 1400m: 22:05,37 (01:34,31) 1500m: 23:34,21 (01:28,84)			
10.	Klara Viereck	2008	TSV Adendorf 1923	23:37,39
	100m: 01:24,64 (01:24,64) 1000m: 15:45,83 (14:21,19) 1100m: 17:22,53 (01:36,70)			
	1200m: 18:59,31 (01:36,78) 1300m: 20:35,19 (01:35,88) 1400m: 22:10,84 (01:35,65)			
	1500m: 23:37,39 (01:26,55)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
11.	Amelie Szczepanski	2012	TV Hambergen	24:10,27
	100m: 01:26,27 (01:26,27) 200m: 03:02,09 (01:35,82) 300m: 04:40,90 (01:38,81) 400m: 06:20,96 (01:40,06) 500m: 07:59,13 (01:38,17) 600m: 09:37,29 (01:38,16) 700m: 11:14,59 (01:37,30) 800m: 12:52,41 (01:37,82) 900m: 14:28,14 (01:35,73) 1000m: 16:04,49 (01:36,35) 1100m: 17:42,77 (01:38,28) 1200m: 19:21,59 (01:38,82) 1300m: 20:59,16 (01:37,57) 1400m: 22:37,44 (01:38,28) 1500m: 24:10,27 (01:32,83)			
12.	Sari Hamann	2011	SG Wiste	24:12,29
	100m: 01:31,79 (01:31,79) 200m: 03:12,63 (01:40,84) 300m: 04:53,97 (01:41,34) 400m: 06:33,29 (01:39,32) 500m: 08:09,60 (01:36,31) 600m: 09:48,41 (01:38,81) 700m: 11:24,91 (01:36,50) 800m: 13:09,44 (01:44,53) 900m: 14:39,25 (01:29,81) 1000m: 16:15,60 (01:36,35) 1100m: 17:52,69 (01:37,09) 1200m: 19:30,38 (01:37,69) 1300m: 21:07,63 (01:37,25) 1400m: 22:44,72 (01:37,09) 1500m: 24:12,29 (01:27,57)			
13.	Emilie Benz	2011	TSV Otterndorf	24:23,75
	100m: 01:28,24 (01:28,24) 200m: 03:03,96 (01:35,72) 300m: 04:40,29 (01:36,33) 400m: 06:17,86 (01:37,57) 500m: 07:55,51 (01:37,65) 600m: 09:34,83 (01:39,32) 700m: 11:14,57 (01:39,74) 800m: 12:55,01 (01:40,44) 900m: 14:35,25 (01:40,24) 1000m: 16:16,22 (01:40,97) 1100m: 17:56,75 (01:40,53) 1200m: 19:37,95 (01:41,20) 1300m: 21:17,95 (01:40,00) 1400m: 22:51,90 (01:33,95) 1500m: 24:23,75 (01:31,85)			
14.	Alma Buse	2013	TSV Otterndorf	24:39,31
	100m: 01:27,27 (01:27,27) 200m: 03:05,51 (01:38,24) 300m: 04:45,45 (01:39,94) 400m: 06:24,99 (01:39,54) 500m: 08:03,54 (01:38,55) 600m: 09:44,55 (01:41,01) 700m: 11:25,63 (01:41,08) 800m: 13:06,16 (01:40,53) 900m: 14:47,07 (01:40,91) 1000m: 16:26,37 (01:39,30) 1100m: 18:07,93 (01:41,56) 1200m: 19:49,26 (01:41,33) 1300m: 21:29,83 (01:40,57) 1400m: 23:07,62 (01:37,79) 1500m: 24:39,31 (01:31,69)			
15.	Inneke Grantz	2013	ATS Cuxhaven	24:49,76
	100m: 01:25,50 (01:25,50) 200m: 03:02,42 (01:36,92) 300m: 04:43,46 (01:41,04) 400m: 06:23,72 (01:40,26) 500m: 08:04,67 (01:40,95) 600m: 09:42,75 (01:38,08) 700m: 11:20,44 (01:37,69) 800m: 13:03,01 (01:42,57) 900m: 14:44,38 (01:41,37) 1000m: 16:27,55 (01:43,17) 1100m: 18:07,83 (01:40,28) 1200m: 19:48,44 (01:40,61) 1300m: 21:33,40 (01:44,96) 1400m: 23:15,04 (01:41,64) 1500m: 24:49,76 (01:34,72)			
16.	Sarah Elisabeth Falk	2013	TSV Otterndorf	25:06,04
	100m: 01:28,57 (01:28,57) 200m: 03:06,94 (01:38,37) 300m: 04:47,13 (01:40,19) 400m: 06:28,50 (01:41,37) 500m: 08:08,48 (01:39,98) 600m: 09:49,94 (01:41,46) 700m: 11:34,32 (01:44,38) 800m: 13:18,47 (01:44,15) 900m: 15:03,50 (01:45,03) 1000m: 16:47,63 (01:44,13) 1100m: 18:28,91 (01:41,28) 1200m: 20:11,10 (01:42,19) 1300m: 21:53,19 (01:42,09) 1400m: 23:32,57 (01:39,38) 1500m: 25:06,04 (01:33,47)			
17.	Theresa Hillmer	2013	Schwimm-Club Seevetal	26:19,74
	100m: 01:28,83 (01:28,83) 200m: 03:06,25 (01:37,42) 300m: 04:51,78 (01:45,53) 400m: 06:38,37 (01:46,59) 500m: 08:26,60 (01:48,23) 600m: 10:14,12 (01:47,52) 700m: 11:59,01 (01:44,89) 800m: 13:41,61 (01:42,60) 900m: 15:32,41 (01:50,80) 1000m: 17:21,35 (01:48,94) 1100m: 19:11,07 (01:49,72) 1200m: 21:02,33 (01:51,26) 1300m: 22:50,97 (01:48,64) 1400m: 24:40,41 (01:49,44) 1500m: 26:19,74 (01:39,33)			
18.	Lahja Schröder	2011	TSV Otterndorf	27:16,07
	100m: 01:36,96 (01:36,96) 1500m: 27:16,07 (25:39,11)			
19.	Alea Guraj	2015	ATS Cuxhaven	28:03,65
	100m: 01:39,01 (01:39,01) 200m: 03:25,37 (01:46,36) 300m: 05:17,90 (01:52,53) 400m: 07:13,77 (01:55,87) 500m: 09:12,47 (01:58,70) 600m: 11:08,28 (01:55,81) 700m: 13:04,57 (01:56,29) 800m: 14:59,21 (01:54,64) 900m: 16:55,00 (01:55,79) 1000m: 18:50,20 (01:55,20) 1100m: 20:46,03 (01:55,83) 1200m: 22:38,81 (01:52,78) 1300m: 24:29,27 (01:50,46) 1400m: 26:21,57 (01:52,30) 1500m: 28:03,65 (01:42,08)			
20.	Leonie Lehrer	2015	TSV Otterndorf	28:04,38
	100m: 01:44,71 (01:44,71) 200m: 03:38,78 (01:54,07) 300m: 05:30,59 (01:51,81) 400m: 07:24,92 (01:54,33) 500m: 09:20,41 (01:55,49) 600m: 11:13,54 (01:53,13) 700m: 13:07,84 (01:54,30) 800m: 15:01,92 (01:54,08) 900m: 16:57,43 (01:55,51) 1000m: 18:50,95 (01:53,52) 1100m: 20:43,46 (01:52,51) 1200m: 22:37,10 (01:53,64) 1300m: 24:29,14 (01:52,04) 1400m: 26:21,26 (01:52,12) 1500m: 28:04,38 (01:43,12)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
21.	Lilliana Kanzler	2014	TSV Otterndorf	29:43,24
	100m: 01:39,55 (01:39,55) 200m: 03:36,06 (01:56,51) 300m: 05:29,10 (01:53,04) 400m: 07:25,85 (01:56,75) 500m: 09:22,30 (01:56,45) 600m: 11:23,62 (02:01,32) 700m: 13:20,85 (01:57,23) 800m: 15:17,56 (01:56,71) 900m: 17:19,69 (02:02,13) 1000m: 19:17,43 (01:57,74) 1100m: 21:24,36 (02:06,93) 1200m: 23:33,14 (02:08,78) 1300m: 25:39,48 (02:06,34) 1400m: 27:46,12 (02:06,64) 1500m: 29:43,24 (01:57,12)			
22.	Tamina Sponbrucker	2015	ATS Cuxhaven	30:53,13
	100m: 01:51,16 (01:51,16) 200m: 03:55,37 (02:04,21) 300m: 05:56,67 (02:01,30) 400m: 07:58,71 (02:02,04) 500m: 10:07,71 (02:09,00) 600m: 12:15,81 (02:08,10) 700m: 14:21,24 (02:05,43) 800m: 16:28,01 (02:06,77) 900m: 18:35,77 (02:07,76) 1000m: 20:36,64 (02:00,87) 1100m: 22:41,22 (02:04,58) 1200m: 24:48,65 (02:07,43) 1300m: 26:56,14 (02:07,49) 1400m: 28:59,94 (02:03,80) 1500m: 30:53,13 (01:53,19)			
23.	Ava Mathews	2015	ATS Cuxhaven	33:34,50
	100m: 01:58,69 (01:58,69) 200m: 04:08,71 (02:10,02) 300m: 06:21,57 (02:12,86) 400m: 08:36,12 (02:14,55) 500m: 10:52,83 (02:16,71) 600m: 13:12,03 (02:19,20) 700m: 15:30,61 (02:18,58) 800m: 17:50,62 (02:20,01) 900m: 20:14,86 (02:24,24) 1000m: 22:34,98 (02:20,12) 1100m: 24:53,84 (02:18,86) 1200m: 27:12,07 (02:18,23) 1300m: 29:28,76 (02:16,69) 1400m: 31:40,06 (02:11,30) 1500m: 33:34,50 (01:54,44)			

Wettkampf 5 - 1500m Freistil männlich

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister			
	Elias Spielmann	2015	ATS Cuxhaven	24:27,94
	100m: 01:28,52 (01:28,52) 200m: 03:06,56 (01:38,04) 300m: 04:43,91 (01:37,35)			
	400m: 06:21,89 (01:37,98) 500m: 08:02,58 (01:40,69) 600m: 09:42,45 (01:39,87)			
	700m: 11:21,54 (01:39,09) 800m: 12:59,00 (01:37,46) 900m: 14:35,46 (01:36,46)			
	1000m: 16:13,64 (01:38,18) 1100m: 17:52,98 (01:39,34) 1200m: 19:34,55 (01:41,57)			
	1300m: 21:13,65 (01:39,10) 1400m: 22:52,32 (01:38,67) 1500m: 24:27,94 (01:35,62)			
2.	Oskar Eidner	2015	TSV Otterndorf	25:37,48
	100m: 01:33,52 (01:33,52) 200m: 03:13,59 (01:40,07) 300m: 04:57,77 (01:44,18)			
	400m: 06:41,36 (01:43,59) 500m: 08:25,04 (01:43,68) 600m: 10:09,11 (01:44,07)			
	700m: 11:53,94 (01:44,83) 800m: 13:38,53 (01:44,59) 900m: 15:22,27 (01:43,74)			
	1000m: 17:04,65 (01:42,38) 1100m: 18:49,07 (01:44,42) 1200m: 20:35,45 (01:46,38)			
	1300m: 22:19,87 (01:44,42) 1400m: 24:02,47 (01:42,60) 1500m: 25:37,48 (01:35,01)			
3.	Lukas Rohmeder	2015	TV Hambergen	26:31,75
	100m: 01:41,75 (01:41,75) 200m: 03:29,07 (01:47,32) 300m: 05:15,32 (01:46,25)			
	400m: 07:00,82 (01:45,50) 500m: 08:49,44 (01:48,62) 600m: 10:37,41 (01:47,97)			
	700m: 12:27,44 (01:50,03) 800m: 14:14,44 (01:47,00) 900m: 16:04,63 (01:50,19)			
	1000m: 17:51,38 (01:46,75) 1100m: 19:35,32 (01:43,94) 1200m: 21:20,66 (01:45,34)			
	1300m: 23:06,07 (01:45,41) 1400m: 24:51,85 (01:45,78) 1500m: 26:31,75 (01:39,90)			
4.	Jeff Riechmann	2015	TSV Otterndorf	32:45,41
	100m: 01:53,72 (01:53,72) 200m: 03:58,00 (02:04,28) 300m: 06:07,27 (02:09,27)			
	400m: 08:11,60 (02:04,33) 500m: 10:21,72 (02:10,12) 600m: 12:29,78 (02:08,06)			
	700m: 14:41,13 (02:11,35) 800m: 16:54,66 (02:13,53) 900m: 19:13,25 (02:18,59)			
	1000m: 21:33,10 (02:19,85) 1100m: 23:53,97 (02:20,87) 1200m: 26:15,54 (02:21,57)			
	1300m: 28:32,10 (02:16,56) 1400m: 30:47,10 (02:15,00) 1500m: 32:45,41 (01:58,31)			

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister			
	Erik Dock	2014	TSV Otterndorf	25:23,65
	100m: 01:32,94 (01:32,94) 200m: 03:15,14 (01:42,20) 300m: 04:59,16 (01:44,02)			
	400m: 06:43,87 (01:44,71) 500m: 08:26,53 (01:42,66) 600m: 10:09,12 (01:42,59)			
	700m: 11:48,94 (01:39,82) 800m: 13:30,41 (01:41,47) 900m: 15:12,37 (01:41,96)			
	1000m: 16:53,97 (01:41,60) 1100m: 18:36,14 (01:42,17) 1200m: 20:20,78 (01:44,64)			
	1300m: 22:05,83 (01:45,05) 1400m: 23:48,80 (01:42,97) 1500m: 25:23,65 (01:34,85)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Jorne Hinrichs	2014	TSV Adendorf 1923	26:11,26
	100m: 01:33,21 (01:33,21) 200m: 03:17,30 (01:44,09) 300m: 05:01,23 (01:43,93) 400m: 06:46,96 (01:45,73) 500m: 08:32,10 (01:45,14) 600m: 10:18,11 (01:46,01) 700m: 12:03,74 (01:45,63) 800m: 13:50,00 (01:46,26) 900m: 15:36,57 (01:46,57) 1000m: 17:22,80 (01:46,23) 1100m: 19:13,01 (01:50,21) 1200m: 20:58,27 (01:45,26) 1300m: 22:45,42 (01:47,15) 1400m: 24:30,96 (01:45,54) 1500m: 26:11,26 (01:40,30)			
3.	Jesper Hagedorn	2014	TSV Otterndorf	28:03,37
	100m: 01:40,30 (01:40,30) 200m: 03:31,05 (01:50,75) 300m: 05:25,67 (01:54,62) 400m: 07:20,08 (01:54,41) 500m: 09:13,87 (01:53,79) 600m: 11:06,95 (01:53,08) 700m: 13:02,83 (01:55,88) 800m: 14:57,36 (01:54,53) 900m: 16:54,47 (01:57,11) 1000m: 18:46,29 (01:51,82) 1100m: 20:41,77 (01:55,48) 1500m: 28:03,37 (07:21,60)			
4.	Bryan Naumann	2014	ATS Cuxhaven	28:29,99
	100m: 01:43,86 (01:43,86) 200m: 03:37,80 (01:53,94) 300m: 05:33,77 (01:55,97) 400m: 07:29,23 (01:55,46) 500m: 09:23,39 (01:54,16) 600m: 11:17,17 (01:53,78) 700m: 13:13,18 (01:56,01) 800m: 15:08,55 (01:55,37) 900m: 17:02,34 (01:53,79) 1000m: 18:55,10 (01:52,76) 1100m: 20:49,74 (01:54,64) 1200m: 22:45,37 (01:55,63) 1300m: 24:41,79 (01:56,42) 1400m: 26:39,11 (01:57,32) 1500m: 28:29,99 (01:50,88)			
5.	Till Jahn	2014	ATS Cuxhaven	28:49,85
	100m: 01:47,55 (01:47,55) 200m: 03:47,17 (01:59,62) 300m: 05:45,89 (01:58,72) 400m: 07:47,69 (02:01,80) 500m: 09:40,87 (01:53,18) 600m: 11:37,16 (01:56,29) 700m: 13:34,15 (01:56,99) 800m: 15:28,79 (01:54,64) 900m: 17:26,82 (01:58,03) 1000m: 19:22,81 (01:55,99) 1100m: 21:16,48 (01:53,67) 1200m: 23:12,11 (01:55,63) 1300m: 25:07,29 (01:55,18) 1400m: 27:01,93 (01:54,64) 1500m: 28:49,85 (01:47,92)			
6.	Finn Jahn	2014	ATS Cuxhaven	30:42,32
	100m: 01:52,78 (01:52,78) 200m: 03:55,17 (02:02,39) 300m: 05:58,90 (02:03,73) 400m: 08:03,10 (02:04,20) 500m: 10:07,41 (02:04,31) 600m: 12:14,81 (02:07,40) 700m: 14:20,01 (02:05,20) 800m: 16:26,22 (02:06,21) 900m: 18:30,16 (02:03,94) 1000m: 20:32,93 (02:02,77) 1100m: 22:34,94 (02:02,01) 1200m: 24:37,91 (02:02,97) 1300m: 26:42,35 (02:04,44) 1400m: 28:46,87 (02:04,52) 1500m: 30:42,32 (01:55,45)			

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und	Bezirksjahrgangsmeister			
	Benedict Menk	2013	Schwimm-Club Seevetal	20:24,65
	100m: 01:14,06 (01:14,06) 200m: 02:34,64 (01:20,58) 300m: 03:57,25 (01:22,61) 400m: 05:21,59 (01:24,34) 500m: 06:45,15 (01:23,56) 600m: 08:09,31 (01:24,16) 700m: 09:31,87 (01:22,56) 800m: 10:53,97 (01:22,10) 900m: 12:16,34 (01:22,37) 1000m: 13:38,03 (01:21,69) 1100m: 14:59,78 (01:21,75) 1200m: 16:21,68 (01:21,90) 1300m: 17:44,40 (01:22,72) 1400m: 19:05,53 (01:21,13) 1500m: 20:24,65 (01:19,12)			
2.	Finn Reymers	2013	ATS Cuxhaven	23:41,95
	100m: 01:27,46 (01:27,46) 200m: 03:06,18 (01:38,72) 300m: 04:39,42 (01:33,24) 400m: 06:13,13 (01:33,71) 500m: 07:48,19 (01:35,06) 600m: 09:21,46 (01:33,27) 700m: 10:57,08 (01:35,62) 800m: 12:33,14 (01:36,06) 900m: 14:09,32 (01:36,18) 1000m: 15:46,81 (01:37,49) 1100m: 17:25,33 (01:38,52) 1200m: 18:59,74 (01:34,41) 1300m: 20:38,36 (01:38,62) 1400m: 22:12,78 (01:34,42) 1500m: 23:41,95 (01:29,17)			
3.	Jonas Hartig	2013	TSV Otterndorf	26:21,31
	100m: 01:39,81 (01:39,81) 200m: 03:28,31 (01:48,50) 300m: 05:16,34 (01:48,03) 500m: 08:53,62 (03:37,28) 600m: 10:41,65 (01:48,03) 700m: 12:49,43 (02:07,78) 800m: 14:19,28 (01:29,85) 900m: 16:05,96 (01:46,68) 1000m: 17:53,62 (01:47,66) 1100m: 19:39,34 (01:45,72) 1200m: 21:18,14 (01:38,80) 1300m: 23:08,71 (01:50,57) 1400m: 24:52,53 (01:43,82) 1500m: 26:21,31 (01:28,78)			
4.	Justus Felix von Ahnen	2013	TSV Otterndorf	29:14,47
	100m: 01:41,08 (01:41,08) 200m: 03:35,51 (01:54,43) 300m: 05:31,66 (01:56,15) 400m: 07:28,51 (01:56,85) 500m: 09:22,72 (01:54,21) 600m: 11:18,70 (01:55,98) 700m: 13:20,27 (02:01,57) 800m: 15:18,86 (01:58,59) 900m: 17:20,68 (02:01,82) 1000m: 19:21,92 (02:01,24) 1100m: 21:20,89 (01:58,97) 1200m: 23:22,58 (02:01,69) 1300m: 25:22,41 (01:59,83) 1400m: 27:20,44 (01:58,03) 1500m: 29:14,47 (01:54,03)			

abgemeldet

Theo Zobel

2013 TSV Achim 1860

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Karl Gärtner	2012	SC Lüchow 1861	19:48,76
	100m: 01:08,63 (01:08,63) 200m: 02:27,22 (01:18,59) 400m: 05:05,17 (02:37,95) 500m: 06:25,96 (01:20,79) 600m: 07:47,05 (01:21,09) 700m: 09:08,22 (01:21,17) 800m: 10:29,21 (01:20,99) 1000m: 13:09,33 (02:40,12) 1100m: 14:31,24 (01:21,91) 1200m: 15:51,05 (01:19,81) 1300m: 17:11,02 (01:19,97) 1400m: 18:30,51 (01:19,49) 1500m: 19:48,76 (01:18,25)			

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Adam Haji	2011	ATS Cuxhaven	21:32,07
	100m: 01:14,50 (01:14,50) 200m: 02:35,07 (01:20,57) 300m: 03:58,44 (01:23,37) 400m: 05:23,97 (01:25,53) 500m: 06:52,38 (01:28,41) 600m: 08:20,60 (01:28,22) 700m: 09:50,16 (01:29,56) 800m: 11:17,50 (01:27,34) 900m: 12:45,69 (01:28,19) 1000m: 14:13,78 (01:28,09) 1100m: 15:42,57 (01:28,79) 1200m: 17:12,66 (01:30,09) 1300m: 18:40,94 (01:28,28) 1400m: 20:09,10 (01:28,16) 1500m: 21:32,07 (01:22,97)			

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Jannik Fraas	2010	TSV Adendorf 1923	20:08,74
	100m: 01:11,05 (01:11,05) 200m: 02:30,53 (01:19,48) 300m: 03:51,03 (01:20,50) 400m: 05:11,47 (01:20,44) 500m: 06:32,56 (01:21,09) 600m: 07:53,17 (01:20,61) 700m: 09:14,45 (01:21,28) 800m: 10:35,41 (01:20,96) 900m: 11:56,87 (01:21,46) 1000m: 13:17,29 (01:20,42) 1100m: 14:38,61 (01:21,32) 1200m: 16:00,28 (01:21,67) 1300m: 17:22,89 (01:22,61) 1400m: 18:46,65 (01:23,76) 1500m: 20:08,74 (01:22,09)			
2.	Tammo Stenzel	2010	TSV Adendorf 1923	20:43,27
	100m: 01:13,28 (01:13,28) 200m: 02:34,80 (01:21,52) 300m: 03:58,20 (01:23,40) 400m: 05:20,72 (01:22,52) 500m: 06:44,18 (01:23,46) 600m: 08:08,29 (01:24,11) 700m: 09:34,01 (01:25,72) 800m: 10:59,20 (01:25,19) 900m: 12:22,83 (01:23,63) 1000m: 13:46,57 (01:23,74) 1100m: 15:10,49 (01:23,92) 1200m: 16:34,25 (01:23,76) 1300m: 17:57,98 (01:23,73) 1400m: 19:22,55 (01:24,57) 1500m: 20:43,27 (01:20,72)			

abgemeldet

Anton Hartig 2010 ATS Cuxhaven

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeister Andreas Qesku	2009	ATS Cuxhaven	23:31,96
	100m: 01:21,00 (01:21,00) 200m: 02:50,79 (01:29,79) 300m: 04:22,56 (01:31,77) 400m: 05:49,56 (01:27,00) 500m: 07:24,80 (01:35,24) 600m: 09:01,41 (01:36,61) 700m: 10:38,67 (01:37,26) 800m: 12:16,71 (01:38,04) 900m: 13:55,36 (01:38,65) 1000m: 15:34,65 (01:39,29) 1100m: 17:13,13 (01:38,48) 1200m: 18:51,04 (01:37,91) 1300m: 20:29,02 (01:37,98) 1400m: 22:03,57 (01:34,55) 1500m: 23:31,96 (01:28,39)			

Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksmeister Junioren Tomke Stenzel	2008	TSV Adendorf 1923	20:10,61
	100m: 01:11,15 (01:11,15) 200m: 02:30,37 (01:19,22) 300m: 03:51,28 (01:20,91) 400m: 05:12,59 (01:21,31) 500m: 06:33,78 (01:21,19) 600m: 07:54,66 (01:20,88) 700m: 09:16,09 (01:21,43) 800m: 10:37,82 (01:21,73) 900m: 12:00,65 (01:22,83) 1000m: 13:22,24 (01:21,59) 1100m: 14:44,11 (01:21,87) 1200m: 16:08,41 (01:24,30) 1300m: 17:31,96 (01:23,55) 1400m: 18:54,74 (01:22,78) 1500m: 20:10,61 (01:15,87)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Louis Dammrose	2008	TSV Otterndorf	22:17,24
	100m: 01:14,58 (01:14,58) 200m: 02:40,65 (01:26,07) 300m: 04:07,32 (01:26,67) 400m: 05:33,17 (01:25,85) 500m: 06:57,02 (01:23,85) 600m: 08:22,64 (01:25,62) 700m: 09:48,87 (01:26,23) 800m: 11:22,05 (01:33,18) 900m: 12:55,61 (01:33,56) 1000m: 14:30,58 (01:34,97) 1100m: 16:04,09 (01:33,51) 1200m: 17:37,05 (01:32,96) 1300m: 19:09,90 (01:32,85) 1400m: 20:44,70 (01:34,80) 1500m: 22:17,24 (01:32,54)			
3.	Malte Melzian	2007	TV Jahn Schneverdingen	22:27,09
	100m: 01:13,24 (01:13,24) 200m: 02:35,01 (01:21,77) 300m: 04:02,70 (01:27,69) 400m: 05:32,45 (01:29,75) 500m: 07:03,77 (01:31,32) 600m: 08:35,78 (01:32,01) 700m: 10:06,94 (01:31,16) 800m: 11:39,59 (01:32,65) 900m: 13:13,08 (01:33,49) 1000m: 14:48,57 (01:35,49) 1100m: 16:21,78 (01:33,21) 1200m: 17:56,81 (01:35,03) 1300m: 19:30,91 (01:34,10) 1400m: 21:04,48 (01:33,57) 1500m: 22:27,09 (01:22,61)			

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und Bezirksmeister	Karl Gärtner	2012	SC Lüchow 1861	19:48,76
	100m: 01:08,63 (01:08,63) 200m: 02:27,22 (01:18,59) 400m: 05:05,17 (02:37,95) 500m: 06:25,96 (01:20,79) 600m: 07:47,05 (01:21,09) 700m: 09:08,22 (01:21,17) 800m: 10:29,21 (01:20,99) 1000m: 13:09,33 (02:40,12) 1100m: 14:31,24 (01:21,91) 1200m: 15:51,05 (01:19,81) 1300m: 17:11,02 (01:19,97) 1400m: 18:30,51 (01:19,49) 1500m: 19:48,76 (01:18,25)			
2.	Jannik Fraas	2010	TSV Adendorf 1923	20:08,74
	100m: 01:11,05 (01:11,05) 200m: 02:30,53 (01:19,48) 300m: 03:51,03 (01:20,50) 400m: 05:11,47 (01:20,44) 500m: 06:32,56 (01:21,09) 600m: 07:53,17 (01:20,61) 700m: 09:14,45 (01:21,28) 800m: 10:35,41 (01:20,96) 900m: 11:56,87 (01:21,46) 1000m: 13:17,29 (01:20,42) 1100m: 14:38,61 (01:21,32) 1200m: 16:00,28 (01:21,67) 1300m: 17:22,89 (01:22,61) 1400m: 18:46,65 (01:23,76) 1500m: 20:08,74 (01:22,09)			
3.	Tomke Stenzel	2008	TSV Adendorf 1923	20:10,61
	100m: 01:11,15 (01:11,15) 200m: 02:30,37 (01:19,22) 300m: 03:51,28 (01:20,91) 400m: 05:12,59 (01:21,31) 500m: 06:33,78 (01:21,19) 600m: 07:54,66 (01:20,88) 700m: 09:16,09 (01:21,43) 800m: 10:37,82 (01:21,73) 900m: 12:00,65 (01:22,83) 1000m: 13:22,24 (01:21,59) 1100m: 14:44,11 (01:21,87) 1200m: 16:08,41 (01:24,30) 1300m: 17:31,96 (01:23,55) 1400m: 18:54,74 (01:22,78) 1500m: 20:10,61 (01:15,87)			
4.	Benedict Menk	2013	Schwimm-Club Seevetal	20:24,65
	100m: 01:14,06 (01:14,06) 200m: 02:34,64 (01:20,58) 300m: 03:57,25 (01:22,61) 400m: 05:21,59 (01:24,34) 500m: 06:45,15 (01:23,56) 600m: 08:09,31 (01:24,16) 700m: 09:31,87 (01:22,56) 800m: 10:53,97 (01:22,10) 900m: 12:16,34 (01:22,37) 1000m: 13:38,03 (01:21,69) 1100m: 14:59,78 (01:21,75) 1200m: 16:21,68 (01:21,90) 1300m: 17:44,40 (01:22,72) 1400m: 19:05,53 (01:21,13) 1500m: 20:24,65 (01:19,12)			
5.	Tammo Stenzel	2010	TSV Adendorf 1923	20:43,27
	100m: 01:13,28 (01:13,28) 200m: 02:34,80 (01:21,52) 300m: 03:58,20 (01:23,40) 400m: 05:20,72 (01:22,52) 500m: 06:44,18 (01:23,46) 600m: 08:08,29 (01:24,11) 700m: 09:34,01 (01:25,72) 800m: 10:59,20 (01:25,19) 900m: 12:22,83 (01:23,63) 1000m: 13:46,57 (01:23,74) 1100m: 15:10,49 (01:23,92) 1200m: 16:34,25 (01:23,76) 1300m: 17:57,98 (01:23,73) 1400m: 19:22,55 (01:24,57) 1500m: 20:43,27 (01:20,72)			
6.	Adam Haji	2011	ATS Cuxhaven	21:32,07
	100m: 01:14,50 (01:14,50) 200m: 02:35,07 (01:20,57) 300m: 03:58,44 (01:23,37) 400m: 05:23,97 (01:25,53) 500m: 06:52,38 (01:28,41) 600m: 08:20,60 (01:28,22) 700m: 09:50,16 (01:29,56) 800m: 11:17,50 (01:27,34) 900m: 12:45,69 (01:28,19) 1000m: 14:13,78 (01:28,09) 1100m: 15:42,57 (01:28,79) 1200m: 17:12,66 (01:30,09) 1300m: 18:40,94 (01:28,28) 1400m: 20:09,10 (01:28,16) 1500m: 21:32,07 (01:22,97)			
7.	Louis Dammrose	2008	TSV Otterndorf	22:17,24
	100m: 01:14,58 (01:14,58) 200m: 02:40,65 (01:26,07) 300m: 04:07,32 (01:26,67) 400m: 05:33,17 (01:25,85) 500m: 06:57,02 (01:23,85) 600m: 08:22,64 (01:25,62) 700m: 09:48,87 (01:26,23) 800m: 11:22,05 (01:33,18) 900m: 12:55,61 (01:33,56) 1000m: 14:30,58 (01:34,97) 1100m: 16:04,09 (01:33,51) 1200m: 17:37,05 (01:32,96) 1300m: 19:09,90 (01:32,85) 1400m: 20:44,70 (01:34,80) 1500m: 22:17,24 (01:32,54)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
8.	Malte Melzian	2007	TV Jahn Schneverdingen	22:27,09
	100m: 01:13,24 (01:13,24) 200m: 02:35,01 (01:21,77) 300m: 04:02,70 (01:27,69) 400m: 05:32,45 (01:29,75) 500m: 07:03,77 (01:31,32) 600m: 08:35,78 (01:32,01) 700m: 10:06,94 (01:31,16) 800m: 11:39,59 (01:32,65) 900m: 13:13,08 (01:33,49) 1000m: 14:48,57 (01:35,49) 1100m: 16:21,78 (01:33,21) 1200m: 17:56,81 (01:35,03) 1300m: 19:30,91 (01:34,10) 1400m: 21:04,48 (01:33,57) 1500m: 22:27,09 (01:22,61)			
9.	Andreas Qesku	2009	ATS Cuxhaven	23:31,96
	100m: 01:21,00 (01:21,00) 200m: 02:50,79 (01:29,79) 300m: 04:22,56 (01:31,77) 400m: 05:49,56 (01:27,00) 500m: 07:24,80 (01:35,24) 600m: 09:01,41 (01:36,61) 700m: 10:38,67 (01:37,26) 800m: 12:16,71 (01:38,04) 900m: 13:55,36 (01:38,65) 1000m: 15:34,65 (01:39,29) 1100m: 17:13,13 (01:38,48) 1200m: 18:51,04 (01:37,91) 1300m: 20:29,02 (01:37,98) 1400m: 22:03,57 (01:34,55) 1500m: 23:31,96 (01:28,39)			
10.	Finn Reymers	2013	ATS Cuxhaven	23:41,95
	100m: 01:27,46 (01:27,46) 200m: 03:06,18 (01:38,72) 300m: 04:39,42 (01:33,24) 400m: 06:13,13 (01:33,71) 500m: 07:48,19 (01:35,06) 600m: 09:21,46 (01:33,27) 700m: 10:57,08 (01:35,62) 800m: 12:33,14 (01:36,06) 900m: 14:09,32 (01:36,18) 1000m: 15:46,81 (01:37,49) 1100m: 17:25,33 (01:38,52) 1200m: 18:59,74 (01:34,41) 1300m: 20:38,36 (01:38,62) 1400m: 22:12,78 (01:34,42) 1500m: 23:41,95 (01:29,17)			
11.	Elias Spielmann	2015	ATS Cuxhaven	24:27,94
	100m: 01:28,52 (01:28,52) 200m: 03:06,56 (01:38,04) 300m: 04:43,91 (01:37,35) 400m: 06:21,89 (01:37,98) 500m: 08:02,58 (01:40,69) 600m: 09:42,45 (01:39,87) 700m: 11:21,54 (01:39,09) 800m: 12:59,00 (01:37,46) 900m: 14:35,46 (01:36,46) 1000m: 16:13,64 (01:38,18) 1100m: 17:52,98 (01:39,34) 1200m: 19:34,55 (01:41,57) 1300m: 21:13,65 (01:39,10) 1400m: 22:52,32 (01:38,67) 1500m: 24:27,94 (01:35,62)			
12.	Erik Dock	2014	TSV Otterndorf	25:23,65
	100m: 01:32,94 (01:32,94) 200m: 03:15,14 (01:42,20) 300m: 04:59,16 (01:44,02) 400m: 06:43,87 (01:44,71) 500m: 08:26,53 (01:42,66) 600m: 10:09,12 (01:42,59) 700m: 11:48,94 (01:39,82) 800m: 13:30,41 (01:41,47) 900m: 15:12,37 (01:41,96) 1000m: 16:53,97 (01:41,60) 1100m: 18:36,14 (01:42,17) 1200m: 20:20,78 (01:44,64) 1300m: 22:05,83 (01:45,05) 1400m: 23:48,80 (01:42,97) 1500m: 25:23,65 (01:34,85)			
13.	Oskar Eidner	2015	TSV Otterndorf	25:37,48
	100m: 01:33,52 (01:33,52) 200m: 03:13,59 (01:40,07) 300m: 04:57,77 (01:44,18) 400m: 06:41,36 (01:43,59) 500m: 08:25,04 (01:43,68) 600m: 10:09,11 (01:44,07) 700m: 11:53,94 (01:44,83) 800m: 13:38,53 (01:44,59) 900m: 15:22,27 (01:43,74) 1000m: 17:04,65 (01:42,38) 1100m: 18:49,07 (01:44,42) 1200m: 20:35,45 (01:46,38) 1300m: 22:19,87 (01:44,42) 1400m: 24:02,47 (01:42,60) 1500m: 25:37,48 (01:35,01)			
14.	Jorne Hinrichs	2014	TSV Adendorf 1923	26:11,26
	100m: 01:33,21 (01:33,21) 200m: 03:17,30 (01:44,09) 300m: 05:01,23 (01:43,93) 400m: 06:46,96 (01:45,73) 500m: 08:32,10 (01:45,14) 600m: 10:18,11 (01:46,01) 700m: 12:03,74 (01:45,63) 800m: 13:50,00 (01:46,26) 900m: 15:36,57 (01:46,57) 1000m: 17:22,80 (01:46,23) 1100m: 19:13,01 (01:50,21) 1200m: 20:58,27 (01:45,26) 1300m: 22:45,42 (01:47,15) 1400m: 24:30,96 (01:45,54) 1500m: 26:11,26 (01:40,30)			
15.	Jonas Hartig	2013	TSV Otterndorf	26:21,31
	100m: 01:39,81 (01:39,81) 200m: 03:28,31 (01:48,50) 300m: 05:16,34 (01:48,03) 500m: 08:53,62 (03:37,28) 600m: 10:41,65 (01:48,03) 700m: 12:49,43 (02:07,78) 800m: 14:19,28 (01:29,85) 900m: 16:05,96 (01:46,68) 1000m: 17:53,62 (01:47,66) 1100m: 19:39,34 (01:45,72) 1200m: 21:18,14 (01:38,80) 1300m: 23:08,71 (01:50,57) 1400m: 24:52,53 (01:43,82) 1500m: 26:21,31 (01:28,78)			
16.	Lukas Rohmeder	2015	TV Hambergen	26:31,75
	100m: 01:41,75 (01:41,75) 200m: 03:29,07 (01:47,32) 300m: 05:15,32 (01:46,25) 400m: 07:00,82 (01:45,50) 500m: 08:49,44 (01:48,62) 600m: 10:37,41 (01:47,97) 700m: 12:27,44 (01:50,03) 800m: 14:14,44 (01:47,00) 900m: 16:04,63 (01:50,19) 1000m: 17:51,38 (01:46,75) 1100m: 19:35,32 (01:43,94) 1200m: 21:20,66 (01:45,34) 1300m: 23:06,07 (01:45,41) 1400m: 24:51,85 (01:45,78) 1500m: 26:31,75 (01:39,90)			
17.	Jesper Hagedorn	2014	TSV Otterndorf	28:03,37
	100m: 01:40,30 (01:40,30) 200m: 03:31,05 (01:50,75) 300m: 05:25,67 (01:54,62) 400m: 07:20,08 (01:54,41) 500m: 09:13,87 (01:53,79) 600m: 11:06,95 (01:53,08) 700m: 13:02,83 (01:55,88) 800m: 14:57,36 (01:54,53) 900m: 16:54,47 (01:57,11) 1000m: 18:46,29 (01:51,82) 1100m: 20:41,77 (01:55,48) 1500m: 28:03,37 (07:21,60)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
18.	Bryan Naumann	2014	ATS Cuxhaven	28:29,99
	100m: 01:43,86 (01:43,86) 200m: 03:37,80 (01:53,94) 300m: 05:33,77 (01:55,97) 400m: 07:29,23 (01:55,46) 500m: 09:23,39 (01:54,16) 600m: 11:17,17 (01:53,78) 700m: 13:13,18 (01:56,01) 800m: 15:08,55 (01:55,37) 900m: 17:02,34 (01:53,79) 1000m: 18:55,10 (01:52,76) 1100m: 20:49,74 (01:54,64) 1200m: 22:45,37 (01:55,63) 1300m: 24:41,79 (01:56,42) 1400m: 26:39,11 (01:57,32) 1500m: 28:29,99 (01:50,88)			
19.	Till Jahn	2014	ATS Cuxhaven	28:49,85
	100m: 01:47,55 (01:47,55) 200m: 03:47,17 (01:59,62) 300m: 05:45,89 (01:58,72) 400m: 07:47,69 (02:01,80) 500m: 09:40,87 (01:53,18) 600m: 11:37,16 (01:56,29) 700m: 13:34,15 (01:56,99) 800m: 15:28,79 (01:54,64) 900m: 17:26,82 (01:58,03) 1000m: 19:22,81 (01:55,99) 1100m: 21:16,48 (01:53,67) 1200m: 23:12,11 (01:55,63) 1300m: 25:07,29 (01:55,18) 1400m: 27:01,93 (01:54,64) 1500m: 28:49,85 (01:47,92)			
20.	Justus Felix von Ahnen	2013	TSV Otterndorf	29:14,47
	100m: 01:41,08 (01:41,08) 200m: 03:35,51 (01:54,43) 300m: 05:31,66 (01:56,15) 400m: 07:28,51 (01:56,85) 500m: 09:22,72 (01:54,21) 600m: 11:18,70 (01:55,98) 700m: 13:20,27 (02:01,57) 800m: 15:18,86 (01:58,59) 900m: 17:20,68 (02:01,82) 1000m: 19:21,92 (02:01,24) 1100m: 21:20,89 (01:58,97) 1200m: 23:22,58 (02:01,69) 1300m: 25:22,41 (01:59,83) 1400m: 27:20,44 (01:58,03) 1500m: 29:14,47 (01:54,03)			
21.	Finn Jahn	2014	ATS Cuxhaven	30:42,32
	100m: 01:52,78 (01:52,78) 200m: 03:55,17 (02:02,39) 300m: 05:58,90 (02:03,73) 400m: 08:03,10 (02:04,20) 500m: 10:07,41 (02:04,31) 600m: 12:14,81 (02:07,40) 700m: 14:20,01 (02:05,20) 800m: 16:26,22 (02:06,21) 900m: 18:30,16 (02:03,94) 1000m: 20:32,93 (02:02,77) 1100m: 22:34,94 (02:02,01) 1200m: 24:37,91 (02:02,97) 1300m: 26:42,35 (02:04,44) 1400m: 28:46,87 (02:04,52) 1500m: 30:42,32 (01:55,45)			
22.	Jeff Riechmann	2015	TSV Otterndorf	32:45,41
	100m: 01:53,72 (01:53,72) 200m: 03:58,00 (02:04,28) 300m: 06:07,27 (02:09,27) 400m: 08:11,60 (02:04,33) 500m: 10:21,72 (02:10,12) 600m: 12:29,78 (02:08,06) 700m: 14:41,13 (02:11,35) 800m: 16:54,66 (02:13,53) 900m: 19:13,25 (02:18,59) 1000m: 21:33,10 (02:19,85) 1100m: 23:53,97 (02:20,87) 1200m: 26:15,54 (02:21,57) 1300m: 28:32,10 (02:16,56) 1400m: 30:47,10 (02:15,00) 1500m: 32:45,41 (01:58,31)			

Wettkampf 6 - 400m Lagen weiblich

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Emma Szczepanski	2015	TV Hambergen	08:17,74
	100m: 02:26,33 (02:26,33) 200m: 04:12,93 (01:46,60) 300m: 06:29,89 (02:16,96) 400m: 08:17,74 (01:47,85)			

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Luzie Schönberg	2014	Schwimm-Club Seevetal	06:56,66
	100m: 01:42,42 (01:42,42) 200m: 03:23,77 (01:41,35) 300m: 05:20,96 (01:57,19) 400m: 06:56,66 (01:35,70)			

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin			
	Amelie Walther	2013	Schwimm-Club Seevetal	06:05,32
	100m: 01:28,35 (01:28,35) 200m: 03:02,82 (01:34,47) 300m: 04:43,63 (01:40,81) 400m: 06:05,32 (01:21,69)			
2.	Mira-Karoline Müller	2013	Schwimm-Club Seevetal	06:36,92
	100m: 01:39,74 (01:39,74) 200m: 03:15,89 (01:36,15) 300m: 05:11,20 (01:55,31) 400m: 06:36,92 (01:25,72)			
3.	Greta Moorkamp	2013	TSV Achim 1860	06:40,60
	100m: 01:37,37 (01:37,37) 200m: 03:17,80 (01:40,43) 300m: 05:10,94 (01:53,14) 400m: 06:40,60 (01:29,66)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
4.	Ida Stein 100m: 01:40,18 (01:40,18) 200m: 03:28,94 (01:48,76) 300m: 05:14,48 (01:45,54) 400m: 06:43,41 (01:28,93)	2013	SG Wiste	06:43,41
5.	Linja Hinrichs 100m: 01:33,07 (01:33,07) 200m: 03:21,81 (01:48,74) 300m: 05:15,88 (01:54,07) 400m: 06:51,35 (01:35,47)	2013	TSV Adendorf 1923	06:51,35
6.	Marisa Wernicke 100m: 01:48,84 (01:48,84) 200m: 03:45,18 (01:56,34) 300m: 05:46,50 (02:01,32) 400m: 07:28,04 (01:41,54)	2013	TSV Otterndorf	07:28,04
7.	Finja Ulrich 100m: 02:04,21 (02:04,21) 200m: 04:16,89 (02:12,68) 300m: 06:15,60 (01:58,71) 400m: 08:02,69 (01:47,09)	2013	SG Wiste	08:02,69

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin Amelie Szczepanski 100m: 01:40,27 (01:40,27) 200m: 03:25,60 (01:45,33) 300m: 05:15,37 (01:49,77) 400m: 06:46,57 (01:31,20)	2012	TV Hambergen	06:46,57
2.	Jette Binder 100m: 01:43,91 (01:43,91) 200m: 03:30,31 (01:46,40) 300m: 05:35,34 (02:05,03) 400m: 07:11,44 (01:36,10)	2012	TSV Otterndorf	07:11,44

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin Mette Theresa Lauf 100m: 01:30,08 (01:30,08) 200m: 03:00,88 (01:30,80) 300m: 04:51,77 (01:50,89) 400m: 06:11,93 (01:20,16)	2011	Schwimm-Club Seevetal	06:11,93
2.	Caroline Fischer 100m: 01:23,58 (01:23,58) 200m: 03:03,11 (01:39,53) 300m: 04:54,34 (01:51,23) 400m: 06:19,86 (01:25,52)	2011	MTV Dannenberg 1863	06:19,86
3.	Eva Gurt 100m: 01:41,03 (01:41,03) 200m: 03:27,37 (01:46,34) 300m: 05:25,12 (01:57,75) 400m: 06:54,34 (01:29,22)	2011	TSV Otterndorf	06:54,34
	<u>abgemeldet</u> Amy Riechmann	2011	TSV Otterndorf	

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin Lena Gandert 100m: 01:23,32 (01:23,32) 200m: 02:54,26 (01:30,94) 300m: 04:26,99 (01:32,73) 400m: 05:47,16 (01:20,17)	2010	SG Wiste	05:47,16
2.	Katharina Annemarie Falk 100m: 01:58,09 (01:58,09) 200m: 03:59,84 (02:01,75) 300m: 06:17,40 (02:17,56) 400m: 07:59,53 (01:42,13)	2010	TSV Otterndorf	07:59,53

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin Isabelle Teuber 100m: 01:29,35 (01:29,35) 200m: 03:09,32 (01:39,97) 300m: 05:08,07 (01:58,75) 400m: 06:33,60 (01:25,53)	2009	ATS Cuxhaven	06:33,60
2.	Frederike Hillmer 100m: 01:39,14 (01:39,14) 200m: 03:21,50 (01:42,36) 300m: 05:11,17 (01:49,67) 400m: 06:39,94 (01:28,77)	2009	Schwimm-Club Seevetal	06:39,94

Juniorinnen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksjahrgangsmeisterin Greta Bannöhr 100m: 01:23,60 (01:23,60) 200m: 02:59,98 (01:36,38) 300m: 04:39,84 (01:39,86) 400m: 06:00,50 (01:20,66)	2008	MTV Dannenberg 1863	06:00,50
2.	Pabasary Malinsa Prakasha Mudiyansele 100m: 01:47,31 (01:47,31) 200m: 03:46,30 (01:58,99) 300m: 05:57,36 (02:11,06) 400m: 07:45,06 (01:47,70)	2008	SG Wiste	07:45,06
	<u>disqualifiziert</u> Lena Krüger Die Schwimmerin hat die Rückenteilstrecke nicht in Rückenlage beendet. Uhrzeit der Bekanntgabe: 17:07	2008	MTV Dannenberg 1863	

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und und	Bezirksmeisterin Lena Gandert 100m: 01:23,32 (01:23,32) 200m: 02:54,26 (01:30,94) 300m: 04:26,99 (01:32,73) 400m: 05:47,16 (01:20,17)	2010	SG Wiste	05:47,16
2.	Greta Bannöhr 100m: 01:23,60 (01:23,60) 200m: 02:59,98 (01:36,38) 300m: 04:39,84 (01:39,86) 400m: 06:00,50 (01:20,66)	2008	MTV Dannenberg 1863	06:00,50
3.	Amelie Walther 100m: 01:28,35 (01:28,35) 200m: 03:02,82 (01:34,47) 300m: 04:43,63 (01:40,81) 400m: 06:05,32 (01:21,69)	2013	Schwimm-Club Seevetal	06:05,32
4.	Mette Theresa Lauf 100m: 01:30,08 (01:30,08) 200m: 03:00,88 (01:30,80) 300m: 04:51,77 (01:50,89) 400m: 06:11,93 (01:20,16)	2011	Schwimm-Club Seevetal	06:11,93
5.	Caroline Fischer 100m: 01:23,58 (01:23,58) 200m: 03:03,11 (01:39,53) 300m: 04:54,34 (01:51,23) 400m: 06:19,86 (01:25,52)	2011	MTV Dannenberg 1863	06:19,86
6.	Isabelle Teuber 100m: 01:29,35 (01:29,35) 200m: 03:09,32 (01:39,97) 300m: 05:08,07 (01:58,75) 400m: 06:33,60 (01:25,53)	2009	ATS Cuxhaven	06:33,60
7.	Mira-Karoline Müller 100m: 01:39,74 (01:39,74) 200m: 03:15,89 (01:36,15) 300m: 05:11,20 (01:55,31) 400m: 06:36,92 (01:25,72)	2013	Schwimm-Club Seevetal	06:36,92
8.	Frederike Hillmer 100m: 01:39,14 (01:39,14) 200m: 03:21,50 (01:42,36) 300m: 05:11,17 (01:49,67) 400m: 06:39,94 (01:28,77)	2009	Schwimm-Club Seevetal	06:39,94
9.	Greta Moorkamp 100m: 01:37,37 (01:37,37) 200m: 03:17,80 (01:40,43) 300m: 05:10,94 (01:53,14) 400m: 06:40,60 (01:29,66)	2013	TSV Achim 1860	06:40,60
10.	Ida Stein 100m: 01:40,18 (01:40,18) 200m: 03:28,94 (01:48,76) 300m: 05:14,48 (01:45,54) 400m: 06:43,41 (01:28,93)	2013	SG Wiste	06:43,41
11.	Amelie Szczepanski 100m: 01:40,27 (01:40,27) 200m: 03:25,60 (01:45,33) 300m: 05:15,37 (01:49,77) 400m: 06:46,57 (01:31,20)	2012	TV Hambergen	06:46,57
12.	Linja Hinrichs 100m: 01:33,07 (01:33,07) 200m: 03:21,81 (01:48,74) 300m: 05:15,88 (01:54,07) 400m: 06:51,35 (01:35,47)	2013	TSV Adendorf 1923	06:51,35
13.	Eva Gurt 100m: 01:41,03 (01:41,03) 200m: 03:27,37 (01:46,34) 300m: 05:25,12 (01:57,75) 400m: 06:54,34 (01:29,22)	2011	TSV Otterndorf	06:54,34
14.	Luzie Schönberg 100m: 01:42,42 (01:42,42) 200m: 03:23,77 (01:41,35) 300m: 05:20,96 (01:57,19) 400m: 06:56,66 (01:35,70)	2014	Schwimm-Club Seevetal	06:56,66

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
15.	Jette Binder 100m: 01:43,91 (01:43,91) 200m: 03:30,31 (01:46,40) 300m: 05:35,34 (02:05,03) 400m: 07:11,44 (01:36,10)	2012	TSV Otterndorf	07:11,44
16.	Marisa Wernicke 100m: 01:48,84 (01:48,84) 200m: 03:45,18 (01:56,34) 300m: 05:46,50 (02:01,32) 400m: 07:28,04 (01:41,54)	2013	TSV Otterndorf	07:28,04
17.	Pabasary Malinsa Prakasha Mudiyansele 100m: 01:47,31 (01:47,31) 200m: 03:46,30 (01:58,99) 300m: 05:57,36 (02:11,06) 400m: 07:45,06 (01:47,70)	2008	SG Wiste	07:45,06
18.	Katharina Annemarie Falk 100m: 01:58,09 (01:58,09) 200m: 03:59,84 (02:01,75) 300m: 06:17,40 (02:17,56) 400m: 07:59,53 (01:42,13)	2010	TSV Otterndorf	07:59,53
19.	Finja Ulrich 100m: 02:04,21 (02:04,21) 200m: 04:16,89 (02:12,68) 300m: 06:15,60 (01:58,71) 400m: 08:02,69 (01:47,09)	2013	SG Wiste	08:02,69
20.	Emma Szczepanski 100m: 02:26,33 (02:26,33) 200m: 04:12,93 (01:46,60) 300m: 06:29,89 (02:16,96) 400m: 08:17,74 (01:47,85)	2015	TV Hambergen	08:17,74

Otterndorf, den 25.01.2026

Abschnittende: 17:19 Uhr

Protokollende: 17:22 Uhr

gez. Matthias von Ahnen
Schiedsrichter

gez. Hannah Ehlers
Schiedsrichter i.A.

gez. Anja Riechmann
Protokollführer